2026 Iowa District Championship Dates and Levels

Des Moines Life Time (indoors)

June 7	
55+ men & women	8.0

Des Moines Life Time (indoors)

June 13	
18+ men & women	3.5
18+ men & women	4.0
June 14	
18+ women	3.5
40+ women	**3.0**
18+ mixed doubles	8.0
40+ mixed doubles	7.0

Iowa City HRTC (indoors)

June 27	
18+ women	3.0
18+ men	4.5
40+ women	**3.5**
40+ men & women	**4.0**
18+ mixed doubles	7.0
40+ mixed doubles	8.0
June 28	
18+ mixed doubles	7.0
18+ mixed doubles	9.0

**** 40+ adult matches will be played using the 4 court (1 singles and 3 doubles) format to follow the format that will be played at sectionals**