**EDC - Early Development Camps**

**Orange Ball Early Development Camps**

Orange Ball EDC’s will focus on dedicated 7 to 10-year-old tennis players. The goal is to bring the top orange ball players together in a local area for **intensive 4-hour orange ball training sessions**. Orange ball tennis (including ball, racket and court size) fosters learning in young players that proportionately mimics larger/older players on a full-size court. Ball-bounce height, number of steps to reach a ball, depth of shots and shot patterns all shadow a larger scale platform.

**Areas of focus will include:**  
Camp 1: The Expert Rallyer (Groundstrokes)  
Camp 2: The Net Dominator (Transition Game)  
Camp 3: The All Court Player (All Court Game)

**Green Ball Early Development Camps**

Green ball EDC’s will focus on dedicated 7 to 10-year-old tennis players. The goal is to bring the top green ball players together in a local area for **intensive 4-hour green ball training sessions**.

**Areas of focus will include:**  
Camp 1: Defending the Court  
Camp 2: Taking Control of the Point  
Camp 3: Becoming an Offensive Player

**Green & Orange Camps will include:**

- Athletic skill development  
- Technical and tactical tennis skill development  
- Competition, including singles & doubles  
- Parent information session

Players may be selected through a “combine tryout,” recommendations from coaches, results at orange ball tournaments, etc. The USTA Eastern website will have schedules of EDC tryouts and camps in your area!

For more information, please contact Kristina Demeo, Youth Development Specialist at [demeo@eastern.usta.com](mailto:demeo@eastern.usta.com)