

## PLAY GUIDELINES - USTA MID-ATLANTIC LEAGUE & ADULT SOCIAL

The USTA/Mid-Atlantic, Inc. (USTA MAS) recognizes that the coronavirus continues to affect different parts of our region in different ways.

The tables below set out the minimum guidelines to manage safety and health concerns when participating in or administering a USTA MAS League and Adult Social Play. While USTA MAS has provided these guidelines, USTA MAS needs your help to stay safe and current with the ever-changing federal, state, and local laws, rules, and regulations regarding COVID-19. If you find that the information provided herein needs updating, notify USTA MAS. USTA MAS will make every effort to revise these guidelines based upon the most current information. In being a part of our tennis community, you play an important role in ensuring appropriate application of these guidelines.

To review recent state and federal information, please see:

- CDC: <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/index.html>
- Virginia: <https://www.governor.virginia.gov/executive-actions/>
- Maryland: <https://governor.maryland.gov/covid-19-pandemic-orders-and-guidance/>
- West Virginia: <https://governor.wv.gov/Pages/default.aspx>

Any concerns regarding an individual's adherence to required guidelines below may be referred to [community@mas.usta.com](mailto:community@mas.usta.com).

### PLAY GUIDELINES

- League formats may need to be modified and/or schedules may need to be staggered in order to adhere to state and/or local mandatory guidelines.
- Follow all state, local and facility guidelines related to COVID-19.
- All non playing captains, spectators and/or players outside the expected lineup must also perform a self check of the below criteria and follow all [CDC guidelines](#).

Participants and spectators are required to:

- Adhere to below criteria for participating:
  - No signs or symptoms of COVID-19 in the past 14 days.
  - No close sustained contact with anyone who is sick within 14 days of the event.
  - Complete a COVID-19 self-check screening of health each day of participation. If you answer YES to any of the screening questions below you must stay home and not participate.
    - A new fever (100.4°F or higher) or a sense of having a fever?
    - A new cough that cannot be attributed to another health condition?
    - New shortness of breath that cannot be attributed to another health condition?
    - New chills that cannot be attributed to another health condition?
    - A new sore throat that cannot be attributed to another health condition?
    - New muscle aches that cannot be attributed to another health condition or specific activity?
  - Sign a USTA MAS Assumption of Risk and Release of Liability - COVID-19 Waiver and USTA MAS General Participation - Assumption of Risk and Release of Liability and Photo Release to participate.
- Follow all [CDC guidelines](#) and state and local guidelines related to mask wearing, social distancing and personal hygiene.
- Follow all directives from organizers and facility staff.
- Maintain appropriate distance at all times.
- Captains or Acting Captains may use text or email to exchange lineup cards.

