

Adult 40 & Over

LEAGUE INFORMATION

Adult 40 & Over League is a USTA format that offers men's and women's 3.0-4.5 NTRP levels.

Teams can advance as far as Nationals in this league. Sectional Championship play is in August.

USTA membership is required.

Must turn 40 or older in the calendar year a league is held to participate.

At State and Sectional championship level, a team match consists of 5 courts (1 singles/ 4 doubles). Local play may be different.

To be a progressive league, teams must participate in a minimum of 3 matches.

NTRP based: Valid computer or self-rating is required. Match results will be used in year-end NTRP ratings calculations.

Format used: 2 out of 3 sets with match tie break in lieu of a 3rd set.

Leagues many run between September 1 and the ending date designated by a local league.

Players may play up one NTRP level but not down (e.g., a 3.5 can play on a 4.0 team).

Team must have a minimum of 9 players; No restriction on team size.

For players to progress to championship play prior to USTA League Nationals, a player must have participated in 2 matches (1 default may count toward that total).

For computer rated players to progress to National championships, a player must have participated in 3 matches (1 default may count toward that total). For self-rated and appealed players, a player must have participated in 4 matches (no defaults count toward that total).



Contact your District League
Coordinator for more information:
usta.com/midwest/dlcdirectory

