USTA/MIDWEST SECTION
ADULT 55 & OVER USTA LEAGUE CHAMPIONSHIPS
SEPTEMBER 21-23, 2018

OFFICIAL HOST HOTEL:
SHERATON INDIANAPOLIS HOTEL AT KEYSTONE CROSSING

HOST FACILITY:
CARMEL RACQUET CLUB
225 E. CARMEL DRIVE
CARMEL, IN 46032
(317) 844-1177

TOURNAMENT DIRECTOR:
ZOY AVGERINOS BROWN
ZOY@MIDWEST.USTA.COM
317-669-0443 (OFFICE)
646-373-7828 (CELL)
Congratulations on winning your Local, District or State USTA League Championship! Your team now qualifies to compete in the USTA/Midwest Section USTA League Adult 55 & Over Championships. Match play begins Friday, September 21, and concludes on Sunday, September 23, 2018 in Carmel, IN.

**KEY WEBSITE:** All USTA/Midwest Sectional Championship information is available on the USTA/Midwest Section website here: [https://www.usta.com/en/home/play/play-as-a-member/midwest/55OverChampionship.html](https://www.usta.com/en/home/play/play-as-a-member/midwest/55OverChampionship.html)

**NOTE:** Captains, please pass the above link to your players. It has all the important information.

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**Tournament Desk:** Have a question about the championship? Text or call the Tournament Director 646-373-7828.

**Site:**

**Carmel Racquet Club**
225 E. Carmel Drive
Carmel, IN 46032
317-844-1177
Manager: Greg Griffey - email: greg@carmelracquetclub.com

All play inside - 12 hard courts

**Practice Courts:**

There are six, outdoor clay courts at Carmel Racquet Club available for practice on a first-come, first-served basis

**Balls:**

Penn regular court balls will be provided.

**Team Photographs:**

Photographs will not be taken by a photographer, but we will have a photo op area for you to take photos of your team! We will take photos of winning teams. Pictures will be made available on-line.

**Athletic Trainer:**

An athletic trainer will be on site at Carmel Racquet Club throughout the tournament.

**Official Logo Merchandise:**

NetKnack’s USTA items will be available at Carmel Racquet Club on September 21-23, throughout the tournament. Cash, Check, Visa, MasterCard/American Express accepted. Phone: 800-374-6153 Website: www.tennisawards.com

**Facebook:**

This event has a Facebook page for participants to share their experience and share photos with others. Please visit [www.facebook.com/USTAMidwest](http://www.facebook.com/USTAMidwest)
**Twitter:**
Use the hash tag #USTALeague and @USTAMidwest so you can let everyone know how you and your team are doing at the Adult 55 & Over Sectional Championships!
[www.twitter.com/USTAMidwest](http://www.twitter.com/USTAMidwest)

**Instagram:**
Share all the fun your team is having by posting your pictures on Instagram. While you’re there be sure to follow @USTAMidwest. Don’t forget to use #USTALeague and #USTAMidwest

**Hotel Information:**

**Hotel:**
Sheraton Indianapolis Hotel at Keystone Crossing
8787 Keystone Crossing
Indianapolis, IN 46240
Phone: 317-846-2700
Fax: 317-574-6780

**Room Rate:**
Traditional Room: $145.00 - Traditional King + Double Sofa Bed. Also includes breakfast and internet. If you call to reserve a room, ask for the USTA/Midwest Adult 55 & Over block. Reservations accepted starting August 20th. Call 1-888-627-7814 or book online here:
[https://www.starwoodmeeting.com/Book/USATeamTennisSep2018](https://www.starwoodmeeting.com/Book/USATeamTennisSep2018)

**Deadline to reserve a room:** September 17 at 5:00 p.m. ET

**Team Captains:**

**Tournament Entry Fees:**
$440.00 team fee for Adult 55 & Over teams
($330.00 for 9.0 Men and $240.00 team fee for 6.0 Men)
Entry fees must be paid by the date of tournament. Checks should be made out to the USTA/Midwest Section. Please check with your District League Coordinator prior to registration to determine if your District is paying your team entry fee.

**Captain Registration:**
Captains should arrive at least an hour before your first match. This will give you time to register your team and get important information.

**Tournament Information:**

**Format:**
Round Robin
Best of two tie-break sets with a Match Tie-break if required; no coaching allowed. The Match Tie-break shall be scored as 1 set and 1 game for tie-break procedures. Two minute set rest
between the 1st and 2nd set and between the 2nd set and 3rd set match tie-break.
Coman Tie-break Procedure for Set and Match Tie-breaks

Eligibility:

A minimum of six (6) players who were on the final local roster must be available to compete at Sectionals.
A captain must request a waiver from the USTA/Midwest Section Adult 55 & Over USTA League Championship Committee prior to the championship to participate with fewer than six (6) players.

A player is eligible to advance to Sectional Championship competition if that player has played on the same team in at least two (2) matches through the local league season. A maximum of one default shall count for advancing.

All individual team members must be from the appropriate level of play in accordance with the National Tennis Rating Program (NTRP) system.

USTA Rules and Regulations, USTA/Midwest Section Standing Orders pertaining to USTA Leagues, and Championship Rules and Regulations will be enforced during the championship.

Waiver and Media Questionnaire:

Each captain needs to have all players sign the publicity release form. It does not need to be signed multiple times. All teams should also complete the optional online Media questionnaire. Information from the media questionnaires will be used to gather team and individual stories to post on the website throughout the championship weekend. All information is on the tournament link: https://www.usta.com/en/home/play/play-as-a-member/midwest/55OverChampionship.html

Procedures in the Event of a tie:

The tie will be broken by the first of the following procedures (by TennisLink):
- Winner of the most individual matches in the entire competition
- Winner of the head-to-head match
- Loser of fewest number of sets
- Loser of fewest number of games
- A method to be determined by the Championship Committee

Awards:

Awards will be presented to the 1st place teams. Eight (8) trophies will be awarded to the 6.0, 7.0, 8.0, and 9.0 - men’s and women’s divisions. Additional awards can be ordered by the team. This information will be sent to the winning captains after the tournament.
Sportsmanship Awards: If a player wants to award a sportsmanship pin, they should give their opponent’s name, state, and level at the tournament desk.

Tournament Committees and Staff: The Adult 55 & Over tournament committee and staff information is posted on the USTA/Midwest Section website at: https://www.usta.com/en/home/play/play-as-a-member/midwest/55OverChampionship.html

National Championships: The 2018 Adult 55 & Over National Championship information can be found at: https://www.usta.com/en/home/play/play-as-a-member/national/usta-league-nationals-schedule.html. Every team that qualifies for Nationals will be given 2018 National Championship wristbands at the conclusion of the Sectional Championships. The Midwest color is orange at Nationals!! Every Section has been assigned a different color.
For more information or questions:  Contact your District Coordinator below

### 2018 USTA/Midwest Section
District USTA League Coordinators

<table>
<thead>
<tr>
<th>District/State</th>
<th>Name</th>
<th>Telephone and E-Mail</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicago Illinois Tennis Association</td>
<td>Nancy Williford</td>
<td>630-778-7131&lt;br&gt;<a href="mailto:Ustachicago51@gmail.com">Ustachicago51@gmail.com</a></td>
</tr>
<tr>
<td>Mid-South Tennis Association</td>
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<td>309-267- 4000&lt;br&gt;<a href="mailto:Joann@midsouthillinois.com">Joann@midsouthillinois.com</a></td>
</tr>
<tr>
<td>Northern Illinois Tennis Association</td>
<td>Viki Congleton</td>
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</tr>
<tr>
<td>Central Indiana Tennis Association</td>
<td>Toby Gaynor</td>
<td>317-844-6105&lt;br&gt;<a href="mailto:toby@centralindianatennis.com">toby@centralindianatennis.com</a></td>
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<tr>
<td>Northern Indiana Tennis Association</td>
<td>Jan Orban</td>
<td>574-551-0121&lt;br&gt;<a href="mailto:Jan.orban@comcast.net">Jan.orban@comcast.net</a></td>
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<tr>
<td>Northeast Michigan Tennis Association</td>
<td>Christopher Berger</td>
<td>989-513-1683&lt;br&gt;<a href="mailto:chrisbergertennis@yahoo.com">chrisbergertennis@yahoo.com</a></td>
</tr>
<tr>
<td>Northern Michigan Tennis Association</td>
<td>Linda Gillam</td>
<td>231-499-7208&lt;br&gt;<a href="mailto:Dr1954@charter.mi.net">Dr1954@charter.mi.net</a></td>
</tr>
<tr>
<td>Southeastern Michigan Tennis Association</td>
<td>Deb Thallman</td>
<td>734-421-1025&lt;br&gt;<a href="mailto:deb@semich-usta.com">deb@semich-usta.com</a></td>
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<tr>
<td>Western Michigan Tennis Association</td>
<td>Steve Mott</td>
<td>616-272-4340&lt;br&gt;<a href="mailto:steve@wmitennis.com">steve@wmitennis.com</a></td>
</tr>
<tr>
<td>Northeastern Ohio Tennis Association</td>
<td>Derek Kohanski</td>
<td>216-319-5080&lt;br&gt;<a href="mailto:adult@neohiotennis.com">adult@neohiotennis.com</a></td>
</tr>
<tr>
<td>Northwestern Ohio Tennis Association</td>
<td>Amy Beaverson</td>
<td>419-472-1095&lt;br&gt;<a href="mailto:nwotaleagues@att.net">nwotaleagues@att.net</a></td>
</tr>
<tr>
<td>Ohio Valley Tennis Association</td>
<td>Dave Engle</td>
<td>937-399-5064&lt;br&gt;<a href="mailto:ovta@woh.rr.com">ovta@woh.rr.com</a></td>
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SAFETY PRECAUTIONS FOR PLAYING IN WARM WEATHER IF APPLICABLE

You may be playing your matches in conditions to which you are not accustomed. The temperature and/or humidity can get quite high. If you follow the suggestions below, there is no reason why you cannot have good matches and a good time.

You will lose fluid from your body through perspiration. Along with water you lose sodium, potassium and other electrolytes. It is necessary to replenish your body with BOTH water and these electrolytes.

All athletes should drink plenty of fluids (water, sport drinks, juice, milk, etc.) throughout the day. If you wait until you are thirsty, you have waited too long. Note: your body can lose a lot of fluid, via evaporation, while you are flying since the air in the passenger compartment is very dry. You should drink 1 cup of non-caffeine or non-alcoholic drink per hour.

Drink another cup of fluid just prior to play. In fact, also drinking 16 to 20 ounces of water, juices, or sports drink 60-90 minutes before your match can further help in avoiding heat disorders.

Bring a large thermos with you on court and drink frequently (i.e., at every changeover). Water and/or sport drinks are effective.

Remember, you are allowed 20 seconds between points and 90 seconds at the changeover. Use this time to recover. Take advantage of shade during changeover as much as possible. Change the shirt frequently (and shorts if necessary), and use a cool towel on the face and upper back.

Directions

Sheraton Indianapolis Hotel & Suites 8787 Keystone Crossing 317-846-2700
Carmel Racquet Club (CRC) 225 E. Carmel Dr. 317-844-1177

From Sheraton Indianapolis Hotel & Suites

To Carmel Racquet Club: Right on 86th, Right onto 431 North (Keystone), Take Roundabout at 116th St/Carmel Drive and follow signs to Carmel Drive., Club on left (set back from street)