

REST PERIODS BETWEEN MATCHES

Minimum rest period, all players shall be entitled to a rest period of at least 30 minutes between matches

JUNIOR DIVISIONS

Shall be entitled to a **rest period of 60 minutes between matches**, except that players in junior divisions in doubles-only tournaments shall be entitled to a rest period of only 30 minutes between matches.

SENIOR DIVISIONS

Senior 35, 40, and 45 divisions shall be entitled to a rest period of **60 minutes between matches**.

Players in senior divisions **50 and older** shall be entitled to a rest **period of 90 minutes between matches**.

WHEELCHAIR DIVISIONS

A player shall be entitled to a rest period according to the following table:

<u>Match Length</u>	<u>Rest Period</u>
<u>60:00 minutes or less</u>	<u>30 minutes</u>
<u>60:01 minutes or 89:59 minutes</u>	<u>45 minutes</u>
<u>90:00 minutes or more</u>	<u>60 minutes</u>

NTRP DIVISIONS

Players in events **without age restrictions in NTRP tournaments** shall be entitled to a rest period of **60 minutes between matches**.

Players in **senior age divisions of NTRP tournaments** shall be entitled to a rest period between matches **as set forth in the senior divisions**.

ADDITIONAL REST BETWEEN MATCHES

The Sectional Association, District Association, or the Referee **may authorize additional rest** when any of them concludes that the **length of the match, heat, humidity, or other conditions justify an extension**.

PARTICIPATING OUTSIDE AGE DIVISION

When a **junior player “plays up”** in age division or when a **senior player “plays down”** in age division, **the player is governed by the regulations of the division in which the player plays**.

PLAYING IN MORE THAN ONE AGE DIVISION

Player who **participates in more than one age division** shall be entitled to **only 30 minutes** rest between matches in different age divisions.

OTHER FORMAT MATCHES

When match formats other than the best of three or best of five sets are played, the Referee, after notice, may shorten the rest period, to not less than 30 minutes between matches.