

USTA Vermont League Information Sheet

Adult Leagues

Tri-Level Adult League

League Season: Beginning of September - Mid December

- Teams will have 3-6 people allowed; Levels: 3.0, 3.5, 4.0, 4.5 and 5.0
- Players will register at their current Year-End Rating and must play within their NTRP level or no more than .5 above their level. It is **highly** recommended that players participate at their level.
- Format: 1 match against each of the teams in your flight; top team in the flight advances to USTA NE section championship; If there is more than one flight in a level, a playoff will occur to determine the team that will advance to the championship
- Teams must qualify a minimum of 3 eligible players in order to attend sectionals championship. Eligible players must be Computer Rated, in-level and have played at least 2 matches locally.

40 & Over Adult League

League Season: January - April

- Players must be at least 40 years of age and must play within their NTRP level or no more than .5 above their level (i.e., a 3.5 player can play at the 3.5 level AND 4.0 level but NOT play at the 4.5 level).
- Format: 1 singles and 3 doubles matches; Levels: 3.0, 3.5, 4.0 and 4.5
- Minimum # of players registered to have a team is 8.
- Winners of each Flight are determined by the team with the most Points; each Individual Win earns 1 point per position.

18 & Over Adult League

League Season: March - June

- Players must be at least 18 years of age and must play within their NTRP level or no more than .5 above their level (i.e., a 3.5 player can play at the 3.5 level AND 4.0 level but NOT play at the 4.5 level).
- Format: Men's and Women's 3.0, 3.5, 4.0 and women's 4.5 is 3 doubles and 1 singles. Women's 5.0 is 2 doubles and 1 singles. Men's 4.5 is 3 doubles and 2 singles.
- Minimum # of players registered to have a team is 8. Minimum for 5.0 is 5 players.

55 & Over Adult League

League Season is May - July

- Players must be at least 55 years of age. Combined ratings of partners must be within 1.0 of the level at which they are playing
- Format: 3 doubles matches; there cannot be more than 1.0 difference in the partners' NTRP ratings.
- NATIONAL REGULATIONS require minimum NTRP ratings for each level; 6.0 min level is 2.5; 7.0 min level is 3.0; 8.0 min level is 3.5; 9.0 min level is 4.0.
- Minimum # of players registered to have a team is 6.

65 & Over Adult League

League Season for Women is March - April and for Men is June - August

- Players must be at least 65 years of age. Combined ratings of partners must be within 1.0 of the level at which they are playing
- Format: 3 doubles matches; there cannot be more than 1.0 difference in the partners' NTRP ratings.
- NATIONAL REGULATIONS require minimum NTRP ratings for each level; 6.0 min level is 2.5; 7.0 min level is 3.0; 8.0 min level is 3.5; 9.0 min level is 4.0.
- Minimum # of players registered to have a team is 6.

Singles Flex League

League Season: May - September

- Teams are comprised of 1 person; Levels: 3.0, 3.5, 4.0, 4.5 and 5.0

- Players will register at their current Year-End Rating and must play within their NTRP level or no more than .5 above their level.
- Players may only participate in one (1) Level for the league. For example, if you are 3.5, you may play either 3.5 or 4.0 but NOT BOTH.
- Format: 1-2 matches against each of the players in your flight; If there is more than one flight in a level, a playoff will occur for an overall winner for the level.

MIXED LEAGUE OFFERINGS

40 & Over Mixed Doubles Adult League

League Season is September - December

- Players must be at least 40 years of age. Combined ratings of partners must be within 1.0 of the level at which they are playing
- Format: 3 doubles matches consisting of 3 Men and 3 Woman; there cannot be more than 1.0 difference in the partners' NTRP ratings.
- NATIONAL REGULATIONS require minimum NTRP ratings for each level; 6.0 min level is 2.5; 7.0 min level is 3.0; 8.0 min level is 3.5; 9.0 min level is 4.0.
- Minimum # of players registered to have a team is 6 (3 Men and 3 Women).

18 & Over Mixed Doubles Adult League

League Season is January - April

- Players must be at least 18 years of age. Combined ratings of partners must be within 1.0 of the level at which they are playing
- Format: 3 doubles matches consisting of 3 Men and 3 Woman; there cannot be more than 1.0 difference in the partners' NTRP ratings.
- NATIONAL REGULATIONS require minimum NTRP ratings for each level; 6.0 min level is 2.5; 7.0 min level is 3.0; 8.0 min level is 3.5; 9.0 min level is 4.0.
- Minimum # of players registered to have a team is 6 (3 Men and 3 Women).

55 & Over Mixed Doubles Adult League

League Season is July - September

- Players must be at least 55 years of age. Combined ratings of partners must be within 1.0 of the level at which they are playing
- Format: 3 doubles matches consisting of 3 Men and 3 Woman; there cannot be more than 1.0 difference in the partners' NTRP ratings.
- NATIONAL REGULATIONS require minimum NTRP ratings for each level; 6.0 min level is 2.5; 7.0 min level is 3.0; 8.0 min level is 3.5; 9.0 min level is 4.0.
- Minimum # of players registered to have a team is 6 (3 Men and 3 Women).