

Start a H.I.T.S. Program Today



H.I.T.S. is a fun, low-cost after-school tennis program for kids 10 and under that combines the fundamentals of a team sport with life skills enrichment. We offer the resources and training to help you build your tennis program on your courts, blacktop or indoor gym.

How to Get Started

STEP 1: Sign the [H.I.T.S. agreement form](#).

STEP 2: Apply for a [H.I.T.S. grant request](#).

STEP 3: Get [Safe Play](#) approved (required by all staff).

STEP 4: Sign up for coach's training (upon request).

STEP 5: Complete the [player registration form](#).

For more information, contact:

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