

ADULT 40 & OVER

USTA NORCAL ADULT LEAGUE

2024



IMPORTANT LEAGUE DATES:

- Team Registration: November 6 – December 4 (2023)
- League Season: January 2 – March 24
- Playoffs: April 11-14; April 18-21; April 25-28
- Sectionals Weekend: May 31- June 2; June 7-9

IMPORTANT LEAGUE DATES FOR DAYTIME:

- Team Registration: November 6 – December 4 (2023)
- League Season: January 1 – March 22
- Playoffs: April 8-12; April 15-19; April 22-26
- Sectionals Weekend: May 31- June 2; June 7-9

ADULT 40 DAYTIME LEAGUE INFORMATION:

Daytime Adult 40 & Over – 2.5+, 3.5 & 4.0

Evening and weekend tennis matches don't work well for you? Daytime 2.5+, 3.5 & 4.0 give you the opportunity to experience Adult Leagues while leaving the day and weekends open.

Age Requirement: Players must reach age 40 by the end of the calendar year.

Ratings: Match data from this league will be used toward Year-End Rating calculations.

Rounds of Competition: Local Season, Playoffs and Sectional Championships.

"At Level" Player Requirement: *For 2024, all 40 & Over League teams must have a minimum of 5 players who are rostered at the team's NTRP level by the time the first match is played. Teams are required to maintain the required number of "at level" players throughout the entire season, including postseason play. If a team doesn't have the required number of "at level" players at the time of any match, that team match will count as a loss with all individual team matches being scored as 6-0, 6-0 losses.

* Not applicable to Women's 2.5+ Daytime League

Contact Information: leagues@norcal.usta.com | (510) 748-7373

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ADULT 40 DAYTIME LEAGUE INFORMATION (CONT.):

- For 2.5+ Daytime, a team may have 3.0 players, they must play #1 singles and/or #1 doubles. (Maximum of three 3.0 players per match.)
- Team matches must play Monday through Friday between 9-11 a.m. (unless both captains agree otherwise).
- A 10pt match tie-break is used in lieu of all 3rd sets
- Daytime tennis is considered a league of its own, running with the current league offering
- Daytime format will be 1 singles and 2 doubles
- Flight winners will advance to postseason championship
- There is a \$120 registration fee per team to participate in the Sectional Championships for Daytime Adult 40 & Over league
- Players may advance in both daytime and traditional postseason play – no longer need to choose

LEAGUE INFORMATION:

Local League & Post Season Team Match Format*

ONE line of singles and THREE lines of doubles

***If your team progresses to Nationals, the match format will be 5 lines-ONE line of singles and FOUR lines of doubles**

Age Requirement: Players must reach age 40 by the end of the calendar year.

Ratings: Match data from this league will be used toward Year-End Rating calculations.

NorCal Adult 40 & Over 5.0+ League is being offered for the 2024 season which ends at an Invitational.

Rounds of Competition: Local Season, Playoffs, Sectional, and National Championships*

"At Level" Player Requirement: *For 2024, all 40 & Over League teams must have a minimum of 5 players for four-line leagues and 4 players for three-line leagues who are rostered at the team's NTRP level by the time the first match is played. Teams are required to maintain the required number of "at level" players throughout the entire season, including postseason play. If a team doesn't have the required number of "at level" players at the time of any match, that team match will count as a loss with all individual team matches being scored as 6-0, 6-0 losses.

* Not applicable to Men's and Women's 5.0+ League

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LEAGUE INFORMATION (CONT.):

2-team flights: 1.04D(5) Two Team Leagues. If any Adult Division Age Group consists of only two teams in a level of play, each team must maintain its roster with at least 40 percent of its players at the designated NTRP level of play. The exception is the Adult Division 55 & Over Age Group that uses combined NTRP rating levels and will not be required to comply with this Regulation

LEAGUE FORMAT:

NTRP Levels 2.5 | Team Match Format: 1 line of singles, 2 lines of doubles

NTRP Levels 3.0, 3.5, 4.0 & 4.5 | Team Match Format: 1 line of singles, 3 lines of doubles

NTRP Levels: 5.0+ | Team Match Format: 3 lines of doubles

NTRP Levels 2.5+, 3.5 & 4.0 Daytime | Team Match Format: 1 line of singles, 2 lines of doubles

REGULAR SEASON FEE:

There is a \$32 registration fee to join a team in the Adult 40 & Over league. Find and join your 2024 Adult 40 & Over team [here](#).

POST SEASON EVENT FEE:

There is a \$120 registration fee for 3-line league teams to participate in the Section Championships. There is a \$160 registration fee for 4-line league teams to participate in the Section Championships.

TEAM REGISTRATION:

To Captain a team, go to: [Register A Team](#).

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