

2026 USTA Northern JTT Regulations

2026 USTA Northern Junior Team Tennis League Regulations

League Manager Contact Information

Natalie Stevens

USTA Northern, Junior Teams Manager

natalie@northern.usta.com

952.358.3294

SAFEPLAY COMPLIANCE

Who needs [Safe Play](#)?

Adults who have regular contact with or authority over a minor athlete in USTA programs, events, or tournaments must be in compliance with Safe Play. This includes background screens and education about preventing misconduct in sport for the following groups:

- USTA Staff
- Coaches
- Individuals that coach voluntarily
- Section Championship Host

How do I get approved?

The Safe Play Approval process consists of the following two-step process:

Step 1

Read and acknowledge the USTA Safe Play Policy.

Complete education from the U.S. Center for SafeSport.

Step 2

Complete your background screen application.

[GET APPROVED](#)

ALL COACHES, HEAD AND ASSISTANT, MUST BE SAFEPLAY COMPLAINT. [Coaches Contact Form](#)

All coaches must be certified and submitted prior to coaching during the season or section tournament.

GroupMe invitations will be sent out before the Section Championships.

JTT Coach Overview & Resources 2026 - [JTT Homepage](#)

Junior Team Tennis Season

Season Format of Play

When the coach/team manager prints out the scorecard the format is on the card. Team matches consist of:

- Two singles sets: one boys, one girls
- Two doubles sets: One boys, one girls
- One mixed doubles set

Important:

Each team requires a team minimum of 3 girls and 3 boys for each match. Each gender is allowed 1 player to play UP TO two lines for each match.

We recommend local programs use a 8-game pro-set, with ad scoring format with a 7-point tiebreak at 7-7. The winning team will be determined by total games won. *Shortened formats may be used if agreed upon prior to the start of the match, starting at 2-2, for example.*

Note: *The Section Championship will use an 8-game pro-set, no-ad scoring format with a 7-point tiebreak at 5-all. The tournament director reserves the right to alter this scoring format, if needed.*

***scoring format subject to change**

Season Schedule

All scheduled league team registrations will open on April 2nd, 2026 and close May 29th, 2026.

Admin-Only team registration opens April 2nd, 2026 and ends June 10th, 2026.

- *If admin-only teams choose to take part in (Tennislink) recorded single day JTT events or self-scheduled matches, the teams must be registered by individual registration deadlines or before the self-scheduled match.*

All scheduled seasons play from the week of June 7th, 2026 through the week of July 12th, 2026.

- Bye week, matches will not be scheduled on June 30th-July 2nd, 2026 due to the holiday availability and High School Coaching Regulations. Teams can choose to schedule matches that week if other teams are available to play.

Division Levels

18U Advanced:

18U Advanced is made up of competitive high school players who advance during the high school season, compete in Level 4+ USTA tournaments, plan to take their game to the next level, or just want to compete with some of the best JTT players in Northern.

- Recommended WTN Greater than 23 (example: 23 to 29)
- Recommended Age: 14 years old and up (9th grade or older)
- **Season Matches + Section Championship Eligible**

18U Intermediate:

18U Intermediate is a broader division that will be broken up into 2 levels in 2026. Level descriptions are below:

- Level I (One):
 - This division will play bi-weekly doubleheaders. Level I (One) players can range between beginner to lower junior varsity. Players that are developing their court skills and learning the rules/techniques of tennis.
 - Recommended WTN Less than 35 (example: 35 to 40) or does not have a WTN rating
 - Recommended Age: 11-18 years old (7th - 12th grade)
 - **Season Matches + Freezie Cup**
- Level II (Two):
 - This division is composed of players that are junior varsity to lower-varsity players. Although they are developing athletes, they are only a few steps away from leveling up to advanced.
 - Recommended WTN Less than 29 (example: 29 to 34)
 - Typical Age Range: 13-18 years old (8th -12th grade)
 - **Season Matches + Section Championship Eligible**

14U Intermediate:

14U Intermediate is a division for the developing 11-14 year old player wanting match play experience. This level of play is great for players that are a step up from beginner.

- Recommended WTN Less than 32 (example: 32 to 40)
- **Season Matches + Section Championship Eligible**

12U Intermediate Green Ball:

12U Green Ball is designed for players going through the [Net Generation PlayTracker](#) point pathway or are age eligible beginners.

- This division will play bi-weekly doubleheaders.
- Players aged 9-11 years old are recommended to play in green ball programs.
- All players in green ball will be required to meet 1500 points on the PlayTracker in order to play in yellow ball events. At least 1000 of these points must come from win points. At age 11 players will age out of the PlayTracker.
- Not WTN based - beginner to intermediate level
- **Season Matches + Freezie Cup**

Division Match Days

Tuesday	Wednesday	Thursday
14U Intermediate	12U Green Ball	18U Advanced
	18U Intermediate Level I	18U Intermediate Level II

Scheduled Match Dates

- 18UA and 18UI II (Two)
 - June 11th, June 18th, June 25th, autoBYE, July 9th, and July 16th
- 14U Int.
 - June 9th, June 16th, June 23rd, autoBYE, July 7th, July 14th
- 12U and 18UI I (One) (biweekly doubleheaders)
 - June 10th, June 24th, July 8th
 - **One location each week per division**

Players must register for their team on [TennisLink](#) prior to their first match and no later than July 10th, 2026. It is highly encouraged to have your players play in more than one match to get the full experience.

Section Championship team registration opens June 22nd, 2026 and closes July 7th, 2026. *There are no refunds on registrations.*

2026 Season Team Fees

Scheduled Season Leagues (due May 29th, 2026)		Admin Only Services (due June 10th, 2026)
\$70/team		\$20/team (*required for section championship eligibility if not participating in a scheduled league)
Section Championship Team Fee (due July 7th, 2026)	\$170/team	

Currently Offered Scheduled Leagues:

Metro MN League:

Counties included (*by radius, but not excluded to*): Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, Sherburne, St. Croix, Washington, and Wright.

Northland MN League:

Counties included (*by radius, but not excluded to*): Lake, St. Louis, Douglas, Carleton, Pine, Aitkin.

Southeast MN League:

Counties included (*by radius, but not excluded to*): Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha, Waseca, Winona.

Alternative option available:

Admin-Only includes Administrative Services only.

- To be considered an Admin-Only team, the program must be located outside a 50 mile radius of the section office. 2685 Vikings Cir Suite 100 , Eagan, MN 55121
- Teams that do not require section office scheduling must still communicate their days of play so they can be recorded into TennisLink.
- Teams outside of the 50 Mile radius can choose to be included in the scheduling, but travel will be necessary for weekly matches. Teams that are included in the section scheduling will be charged the standard league fee for registration.

USTA Junior Membership: Free

TennisLink Player Registration Fee: \$3.15 per player (this fee is set and goes directly to Active, the company that created TennisLink). Bulk adding players is available, but the fee still applies.

Team Eligibility

All teams must participate in at least 3 scheduled matches by July 10th, 2026 to be eligible to register for the Section Championship. ALL scheduled matches **must** be recorded in Tennis Link. ALL matches **must** meet the team minimum requirement. *Exception: Admin-Only league teams.*

Scorecard Policy

It is strictly prohibited for any coach, manager, or designated team representative to enter scores for a JTT match where a player listed on the team roster did not physically participate in a minimum of one point within that specific team match.

Player Eligibility (Singles WTN)

- Players must remain age-eligible from May 29th, 2026 through July 31, 2026 in order to register and participate in Junior Team Tennis. *For example, a player turning 15 during the eligibility period, should play on a 18U team to start the season.*
- All players with the following World Tennis Number high confidence ratings **MUST** play in their respective levels.

The [ITF World Tennis Number](#) provides a global standard for players. It is a 40-1 scale, with 40 being a beginner player and 1 being an elite professional. This scale is for all players, regardless of age, gender, or ability. Players will have separate ITF World Tennis Numbers for singles and doubles. Not all players have a WTN, so it is up to the coaches and parents to use their best judgment on level designation.

If players have a medium (light blue) to confident (dark blue) WTN rating, it is recommended to be within the WTN range at point of registration.

- 12U Green Ball:
 - not WTN based - beginner to intermediate level
- 14U Intermediate:
 - WTN Less than 32 (ex. 32 to 40)
- 18U Intermediate Level One:
 - WTN Less than 35 (ex. 35 to 40)

- 18U Intermediate Level Two:
 - WTN Less than 29 (ex. 29 to 34)
- 18U Advanced:
 - WTN Greater than 23 (ex. 23 to 29)

Local Match Procedures

What if a team doesn't have the required number of players for a local match (3 boys and 3 girls)?

- If a team is unexpectedly short players for the match, the coach/team manager should contact the opposing team to let them know 24-48 hours in advance. In the case of the minimum player requirement not being met, a line of singles or doubles is required to be recorded as a default for the respective team.
- One player of each gender can play up to two lines and all other lines should be counted as a default if the minimum requirement is not met. If a team has less than 2 boys and or 2 girls, please follow rescheduling procedures.
- Please communicate with the opposing team at the beginning of the season to avoid last minute cancellations due to player shortage or travel conflicts.

What time do matches usually start (Metro MN League)?

- Suggested match times are below, however, coaches may agree upon match times of their choosing prior to the start. Coaches may also add and/or adjust the days/times of their matches if needed, so long as both coaches are in agreement.
- Please communicate with the opposing team at the beginning of the season for any known conflicts.
- **Some programs cannot start until 1:30pm, please note that some matches may be scheduled later than 1:00pm.**
 - **14U Intermediate on Tuesdays : 1:00 PM - 4:00 PM**
 - **12U and 18U Intermediate One on Wednesdays : 1:00 PM - 5:00 PM**
 - **18U Advanced and 18U Intermediate Two on Thursdays : 1:00 PM - 4:00 PM**

Schedule Commitment

Team providers are responsible for communicating with their players the high expectation of attending matches and or practices. Respecting your weekly opponent's time is extremely important. Defaulting matches due to the lack of prompt communication may result in team disqualification from the Section Championships. Please keep communication and commitment to the schedule as a top priority. If a team is unexpectedly short players for the match, the coach/team manager should contact the opposing team to let them know at least 24-48 hours in advance.

Refund Policy

Teams that withdraw before a deadline will receive a refund minus the non-refundable TennisLink player and Square processing fees. **Teams are not eligible for refunds after entry deadlines. If you are unsure of how many teams you will have, please only register what player capacity you can fill. Extra season teams can be added if you acquire more players no later than May 29th, 2026. Additional sectional teams will not be accepted after the July 7th, 2026 deadline.**

The platform we go through for payment (Square and Stripe) have changed their refund policy. As of May 17th, 2023: If a team withdraws during the eligible time frame, 3% of the amount being refunded will be deducted to cover the processing fee incurred.

What do I do for _____?

Check in

We recommend arriving 30 minutes ahead of the scheduled time. Line-ups will be exchanged and court assignments will then be given out.

Rescheduling

Metro MN, Northland MN, and Southeast MN leagues scheduling will be dual based, and rescheduling will be between the opposing coaches. Once you reschedule, please notify Natalie in the Northern section office at natalie@northern.usta.com to let her know the new date the match will be played. Your match will then be adjusted in TennisLink.

Line-Ups

Coach/Team Managers in all divisions are highly encouraged to communicate their team's "order of strength" prior to the match to allow for the best match ups between players. Players who are not registered on that team in TennisLink may play matches; however, their results will be recorded as defaults. We encourage players to be registered before their first match at the beginning of the season to avoid this conflict.

Order of Matches

If a player is scheduled for more than one match in a single lineup (example: singles & mixed), we recommend that those players play first in order to minimize any potential delays.

Coaching

Coaching is allowed only on changeovers and is limited to 90 seconds. Coaching is allowed after the first game, but it must be kept short and cannot be a disruption to the flow of the match. No coaching is allowed during a tie-break.

Rain

If you think there may be rain, please connect with the coaches involved. Decisions related to playable courts are the host facility's responsibility. Follow rescheduling procedures if needed.

Air Quality Index (See your area in real time [HERE](#), via airnow.gov)

Local Program Expectations

Local program expectations are in place to ensure that a high quality program is administered by all involved, and that those who violate our expectations are held accountable. It is recognized that emergencies do occur. If a coach or team manager is notified in a timely manner by the opposing coach of a situation, they should be flexible and try to accommodate the other team.

- All coaches MUST be USTA Safe Play approved. For more information, please click here: <https://www.usta.com/en/home/safe-play.html>
- Teams shall be knowledgeable of the program rules & regulations and adhere to them.
- The coach or team manager is responsible for holding their players accountable to play and act in accordance with the Rules of Tennis and The Code as outlined in the Friend At Court.
- Coaches, players, and spectators are expected to display good sportsmanship and treat all players, coaches, and others in attendance with respect at every match.
- USTA Northern expects the local program match environment to be free of drugs, tobacco and alcohol.
- Teams MUST register all of the players participating in local program matches in TennisLink PRIOR to their first match. Players not listed in Tennis Link are ineligible to play.
- The local match scores are expected to be recorded in TennisLink within 24-48 hours of completion of a team match. It is the expectation that whichever team is listed as the Home Team will submit the scores.
- Once a team registers in TennisLink and commits to a local program schedule, they are expected to honor that commitment and bring at least six {6} players (3 boys and 3 girls) to every scheduled match.
- Teams shall make an attempt to reschedule all local program matches that were not able to be played on the original date.

- Teams are expected to have at least three (3) courts available for every home dual match.
- Exhibition matches are encouraged, but not required as it will not count towards the team score. Exhibition matches must be determined prior to the start of the dual match.
- USTA Northern has a zero-tolerance policy for unacceptable spectator and player behavior, which can lead to immediate removal from the premises, and for spectators, a suspension of their ability to attend future events. This policy is in effect to uphold good sportsmanship and fair play.
- If there are any issues throughout the season, please notify Natalie Stevens in the Northern office at natalie@northern.usta.com

Additional Leagues Offered in Northern:

2026 Southeast MN League

2026 Northland MN League

**These summaries are tabbed on this document.*

If your area is not included in the list above, please contact Natalie Stevens natalie@northern.usta.com for further assistance.

Freezie Cup 2026

A one day JTT tournament to conclude the 12U and 18UI Level I season.

Event Details

Date: July 17th, 2026

Time: 9:00am-6:00pm

Location: Two Rivers High School | Mendota Heights, MN

Cost: \$100/team (Registration due July 7th, 2026)

Format: JTT | Round Robin | 4 game short set, no ad | B/G doubles & mixed doubles

Team Composition: minimum of 2 boys and 2 girls

Included: snacks, water, freezies, tshirt, medals for 1st-3rd place

Court Surface: Outdoor/Hard

Eligible teams must compete in the scheduled season.

2026 USTA Northern Section Championships

(2-3 days of play)

Section Championships Registration begins: June 22nd, 2026

Registration deadline: July 7th, 2026

Team Fee:

\$170.00 per team

Divisions:

18U Advanced | 18U Intermediate Level II | 14U Intermediate

Format:

3 MATCHES ARE GUARANTEED | Single Elimination Bracket Play
8 game set, no-ad scoring *subject to change

Maximum number of teams per division for guaranteed matches:

18UA: 20 | 18UI Level II: 32 | 14U: 20

Number of teams that will qualify for bracket play:

Top 8 of each division will advance to the gold bracket.

**adding additional brackets to the tournament is subject to weather (i.e. silver bracket for 18UI)*

Section Championship Qualifications:

Player/Team:

- Teams must compete in **3 matches** prior to Section Championships. The rosters must meet the team minimum standard of 3 players per gender. Three qualifying matches must be completed by July 10th, 2026.
- Teams must follow the recommended WTN ranges per player. If a player does not have a WTN, please place the player where they best fit to competitively play.
- Programs are allowed **up to 2 teams** per division unless there is space available for more.
- Section Championship teams will require 4 players of each gender to be rostered.

Coach/Provider:

- All paid and volunteer coaches must be [Safe Play](#) compliant. Proof of Safe Play compliance will be due prior to the tournament. All coaches must check in for their first match of the day to receive a daily wristband.

Section Championship Rosters:

- Team Minimum: 4 boys and 4 girls
- Team Maximum: 8 players + 2 alternates
 - 1 alternate for each gender (boy/girl) is allowed for each roster submitted (10 total players per roster).

- Rosters are due July 11th, 2026 via email to natalie@northern.usta.com and Tennislink Registration.

Be a Good Sport!

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Refund Policy

No refunds will be distributed for the section championships registration.

Locations

14 and Under Intermediate:

- Roseville High School | 1240 County Road B2 W, Roseville, MN 55113

18 and Under Intermediate Level II:

- Two Rivers High School | 1897 Delaware Ave. Mendota Heights, MN 55118

18 and Under Advanced:

- University of Northwestern - St. Paul | 3003 Snelling Ave N., Roseville, MN 55113

Schedule Commitment

All teams must commit to attending all days of their division's tournament. Scheduled match times can change depending on the weather, so all players must be available to play at an earlier or later time than scheduled if need be.

Matches could be played between 8:00am to 9:00pm depending on weather. The schedule that is originally sent out to coaches is subject to change.

Tournament Dates:

July 20th, 2026-July 22nd, 2026

MONDAY/TUESDAY/WEDNESDAY 18U INTERMEDIATE LEVEL II

MONDAY/TUESDAY 14U INTERMEDIATE

TUESDAY/WEDNESDAY 18U ADVANCED

JTT 2026 Opportunities

Please refer to our [JTT homepage](#) for details.

Sign up for Northern's Junior Newsletter [HERE!](#)

Metro MN League Overview

2026 USTA Northern Junior Team Tennis

Metro MN League Summary

League Manager Contact Information

Natalie Stevens

USTA Northern, Junior Teams Manager

natalie@northern.usta.com

952.358.3294

Season Details, Fees, and Due Dates

All scheduled season league team registrations will open on April 2nd, 2026 and close May 29th, 2026.

Registration	Fee	Due date	Player/Roster Info	Team Minimum Requirement
Season League	\$70/team	May 29th, 2026	Player registration due before 1st match and or July 10th, 2026	3 boys / 3 girls
Freezie Cup (optional for 18UI Level 1 teams)	\$100/team	July 7th, 2026	Roster due (via email) July 11th, 2026	2 boys / 2 girls
Section Championship (optional for 18UI Level 2 teams)	\$170/team	July 7th, 2026	Rosters due (via email) July 11th, 2026	4 boys / 4 girls

Metro MN League Counties

Counties included (*by radius, but not excluded to*): Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, Sherburne, St. Croix, Washington, and Wright.

Division Levels Offered

18U Advanced:

18U Advanced is made up of competitive high school players who advance during the high school season, compete in Level 4+ USTA tournaments, plan to take their game to the next level, or just want to compete with some of the best JTT players in Northern.

- Recommended WTN Greater than 23 (example: 23 to 29)
- Recommended Age: 14 years old and up (9th grade or older)
- **Season Matches + Section Championship Eligible**

18U Intermediate:

18U Intermediate is a broader division that will be broken up into 2 levels in 2026. Level descriptions are below:

- Level I (One):
 - This division will play bi-weekly doubleheaders. Level I (One) players can range between beginner to lower junior varsity. Players that are developing their court skills and learning the rules/techniques of tennis.
 - Recommended WTN Less than 35 (example: 35 to 40) or does not have a WTN

- rating
 - o Recommended Age: 11-18 years old (7th - 12th grade)
 - o **Season Matches + Freezie Cup**
- Level II (Two):
 - o This division is composed of players that are junior varsity to lower-varsity players. Although they are developing athletes, they are only a few steps away from leveling up to advanced.
 - o Recommended WTN Less than 29 (example: 29 to 34)
 - o Typical Age Range: 13-18 years old (8th -12th grade)
 - o **Season Matches + Section Championship Eligible**

14U Intermediate:

14U Intermediate is a division for the developing 11-14 year old player wanting match play experience. This level of play is great for players that are a step up from beginner.

- Recommended WTN Less than 32 (example: 32 to 40)
- **Season Matches + Section Championship Eligible**

12U Intermediate Green Ball:

12U Green Ball is designed for players going through the [Net Generation PlayTracker](#) point pathway or are age eligible beginners.

- This division will play bi-weekly doubleheaders.
- Players aged 9-11 years old are recommended to play in green ball programs.
- All players in green ball will be required to meet 1500 points on the PlayTracker in order to play in yellow ball events. At least 1000 of these points must come from win points. At age 11 players will age out of the PlayTracker.
- Not WTN based - beginner to intermediate level
- **Season Matches + Freezie Cup**

Division Match Days

Tuesday	Wednesday	Thursday
14U Intermediate	12U Green Ball	18U Advanced
	18U Intermediate Level I	18U Intermediate Level II

Scheduled Match Dates

- 18UA and 18UI II (Two)
 - o June 11th, June 18th, June 25th, autoBYE, July 9th, and July 16th
- 14U Int.
 - o June 9th, June 16th, June 23rd, autoBYE, July 7th, July 14th
- 12U and 18UI I (One) (biweekly doubleheaders)
 - o June 10th, June 24th, July 8th
 - o **One location each week per division**

2026 Metro MN League Season Structure

- 18UA | 18UI L2 | 18UI L1 | 14UI | 12U GB
- Scoring format :

- 8 game pro set , ad-scoring | We recommend local programs use a 8-game pro-set, with ad scoring format with a 7-point tiebreak at 7-7. The winning team will be determined by total games won.
- Scorecard: Two singles sets: one boys, one girls | Two doubles sets: One boys, one girls | One mixed doubles set
- Season team minimum : 3 boys and 3 girls

Important:

Each team requires a team minimum of 3 girls and 3 boys for each match. Each gender is allowed 1 player to play UP TO two lines for each match.

Player Eligibility (Singles WTN)

- Players must remain age-eligible from May 29th, 2026 through July 31, 2026 in order to register and participate in Junior Team Tennis. *For example, a player turning 15 during the eligibility period, should play on a 18U team to start the season.*
- All players with the following World Tennis Number high confidence ratings MUST play in their respective levels.

The [ITF World Tennis Number](#) provides a global standard for players. It is a 40-1 scale, with 40 being a beginner player and 1 being an elite professional. This scale is for all players, regardless of age, gender, or ability. Players will have separate ITF World Tennis Numbers for singles and doubles. Not all players have a WTN, so it is up to the coaches and parents to use their best judgment on level designation.

If players have a medium (light blue) to confident (dark blue) WTN rating, it is recommended to be within the WTN range at point of registration.

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 - not WTN based - beginner to intermediate level
- 14U Intermediate:
 - WTN Less than 32 (ex. 32 to 40)
- 18U Intermediate Level One:
 - WTN Less than 35 (ex. 35 to 40)
- 18U Intermediate Level Two:
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- 18U Advanced:
 - WTN Greater than 23 (ex. 23 to 29)

Freezie Cup 2026

A one day JTT tournament to conclude the 12U and 18UI Level I season.

Event Details

Date: July 17th, 2026

Time: 9:00am-6:00pm

Location: Two Rivers High School | Mendota Heights, MN

Cost: \$100/team (Registration due July 7th, 2026)
Format: JTT | Round Robin | 4 game short set, no ad | B/G doubles & mixed doubles
Team Composition: minimum of 2 boys and 2 girls

Included: snacks, water, freezies, tshirt, medals for 1st-3rd place
Court Surface: Outdoor/Hard
Eligible teams must compete in the scheduled season.

2026 USTA Northern Section Championships (2-3 days of play)

Divisions:

18U Advanced | 18U Intermediate Level II | 14U Intermediate

Format:

3 MATCHES ARE GUARANTEED | Single Elimination Bracket Play
8 game set, no-ad scoring *subject to change

Tournament Dates:

July 20th, 2026-July 22nd, 2026

MONDAY/TUESDAY/WEDNESDAY 18U INTERMEDIATE LEVEL II

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Locations

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Maximum number of teams per division for guaranteed matches:

18UA: 20 | 18UI Level II: 32 | 14U: 20

Number of teams that will qualify for bracket play:

Top 8 of each division will advance to the gold bracket.

**adding additional brackets to the tournament is subject to weather (i.e. silver bracket for 18UI)*

Section Championship Qualifications:

Player/Team:

- Teams must compete in **3 matches** prior to Section Championships. The rosters must meet the team minimum standards of 3 players per gender. Three qualifying matches must be completed by July 10th, 2026.
- Teams must follow the recommended WTN ranges per player. If a player does not have a WTN, please place the player where they best fit to competitively play.
- Programs **up to 2 teams** per division unless there is space available for more after the registration

- deadline has passed.
- Section Championship teams will require 4 players of each gender to be rostered.

Coach/Provider:

- All paid and volunteer coaches must be [Safe Play](#) compliant. Proof of Safe Play compliance will be due prior to the tournament. All coaches must check in for their first match of the day to receive a daily wristband.

Section Championship Rosters:

- Team Minimum: 4 boys and 4 girls
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Refund Policy

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Schedule Commitment

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USTA Northern, Junior Teams Manager
natalie@northern.usta.com
952.358.3294

CeeJay Schaffner

Northland League Coach Mentor
**Please reach out to Natalie for contact information*

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Division Levels Offered

18U Intermediate:

18U Intermediate is a broader division that will be broken up into 2 levels in 2026. The Northland MN League will combine both levels as one, but they are separated below for the sake of understanding what is expected for the Freezie Cup and Section Championships. Level descriptions are below:

- Level I (One):
 - Level I (One) players can range between beginner to lower junior varsity. Players that are developing their court skills and learning the rules/techniques of tennis.
 - Recommended WTN Less than 35 (example: 35 to 40) or does not have a WTN rating
 - Recommended Age: 11-18 years old (7th - 12th grade)
 - **Season Matches + Freezie Cup**
- Level II (Two):
 - This division is composed of players that are junior varsity to lower-varsity players. Although they are developing athletes, they are only a few steps away from leveling up to advanced.
 - Recommended WTN Less than 29 (example: 29 to 34)

- Typical Age Range: 13-18 years old (8th -12th grade)
- **Season Matches + Section Championship Eligible**

2026 Northland MN League Season Structure

The same rules and regulations from the Metro MN League apply.

- 18U Intermediate (both levels together)
- Scoring format :
 - 8 game pro set , ad-scoring | We recommend local programs use a 8-game pro-set, with ad scoring format with a 7-point tiebreak at 7-7. The winning team will be determined by total games won.
 - Scorecard: Two singles sets: one boys, one girls | Two doubles sets: One boys, one girls | One mixed doubles set
- Season team minimum : 3 boys and 3 girls

Important:

- Each team requires a team minimum of 3 girls and 3 boys for each match.
- Each gender is allowed 1 player to play UP TO two lines for each match.
- Thursday Matches
 - Match Dates: June 11th, June 18th, June 25th, autoBYE, July 9th, and July 16th
- Between 2:00pm-4:00pm match times

Subject to change prior to the season.

Player Eligibility (Singles WTN)

- Players must remain age-eligible from May 29th, 2026 through July 31, 2026 in order to register and participate in Junior Team Tennis. *For example, a player turning 15 during the eligibility period, should play on a 18U team to start the season.*
- All players with the following World Tennis Number high confidence ratings MUST play in their respective levels.

The [ITF World Tennis Number](#) provides a global standard for players. It is a 40-1 scale, with 40 being a beginner player and 1 being an elite professional. This scale is for all players, regardless of age, gender, or ability. Players will have separate ITF World Tennis Numbers for singles and doubles. Not all players have a WTN, so it is up to the coaches and parents to use their best judgment on level designation.

If players have a medium (light blue) to confident (dark blue) WTN rating, it is recommended to be within the WTN range at point of registration.

- 12U Green Ball:
 - not WTN based - beginner to intermediate level
- 14U Intermediate:
 - WTN Less than 32 (ex. 32 to 40)
- 18U Intermediate Level One:
 - WTN Less than 35 (ex. 35 to 40)
- 18U Intermediate Level Two:
 - WTN Less than 29 (ex. 29 to 34)
- 18U Advanced:
 - WTN Greater than 23 (ex. 23 to 29)

Freezie Cup 2026

A one day JTT tournament to conclude the 12U and 18UI Level I season.

Event Details

Date: July 17th, 2026

Time: 9:00am-6:00pm

Location: Two Rivers High School | Mendota Heights, MN

Cost: \$100/team (Registration due July 7th, 2026)

Format: JTT | Round Robin | 4 game short set, no ad | B/G doubles & mixed doubles

Team Composition: minimum of 2 boys and 2 girls

Included: snacks, water, freezies, tshirt, medals for 1st-3rd place

Court Surface: Outdoor/Hard

Eligible teams must compete in the scheduled season.

2026 USTA Northern Section Championships (2-3 days of play)

Divisions:

18U Advanced | 18U Intermediate Level II | 14U Intermediate

Format:

3 MATCHES ARE GUARANTEED | Single Elimination Bracket Play

8 game set, no-ad scoring *subject to change

Tournament Dates:

July 20th, 2026-July 22nd, 2026

MONDAY/TUESDAY/WEDNESDAY 18U INTERMEDIATE LEVEL II

MONDAY/TUESDAY 14U INTERMEDIATE

TUESDAY/WEDNESDAY 18U ADVANCED

Locations

14 and Under Intermediate:

- Roseville High School | 1240 County Road B2 W, Roseville, MN 55113

18 and Under Intermediate Level II:

- Two Rivers High School | 1897 Delaware Ave. Mendota Heights, MN 55118

18 and Under Advanced:

- University of Northwestern - St. Paul | 3003 Snelling Ave N., Roseville, MN 55113

Maximum number of teams per division for guaranteed matches:

18UA: 20 | 18UI Level II: 32 | 14U: 20

Number of teams that will qualify for bracket play:

Top 8 of each division will advance to the gold bracket.

**adding additional brackets to the tournament is subject to weather (i.e. silver bracket for 18UI)*

Section Championship Qualifications:

Player/Team:

- Teams must compete in **3 matches** prior to Section Championships. The rosters must meet the team minimum standards of 3 players per gender. Three qualifying matches must be completed by July 10th, 2026.
- Teams must follow the recommended WTN ranges per player. If a player does not have a WTN, please place the player where they best fit to competitively play.
- Programs **up to 2 teams** per division unless there is space available for more after the registration deadline has passed.
- Section Championship teams will require 4 players of each gender to be rostered.

Coach/Provider:

- All paid and volunteer coaches must be [Safe Play](#) compliant. Proof of Safe Play compliance will be due prior to the tournament. All coaches must check in for their first match of the day to receive a daily wristband.

Section Championship Rosters:

- Team Minimum: 4 boys and 4 girls
- Team Maximum: 8 players + 2 alternates
 - 1 alternate for each gender (boy/girl) is allowed for each roster submitted (10 total players per roster).
- Rosters are due July 11th, 2026 via email to natalie@northern.usta.com and Tennislink Registration.

Be a Good Sport!

USTA Northern has a zero-tolerance policy for unacceptable spectator and player behavior, which can lead to immediate removal from the premises, and for spectators, a suspension of their ability to attend future events. This policy is in effect to uphold good sportsmanship and fair play. [USTA Northern Sportsmanship](#)

Refund Policy

No refunds will be distributed for the section championships registration.

Schedule Commitment

All teams must commit to attending all days of their division's tournament. Scheduled match times can change depending on the weather, so all players must be available to play at an earlier or later time than scheduled if need be.

Matches could be played between 8:00am to 9:00pm depending on weather. The schedule that is originally sent out to coaches is subject to change.

JTT 2026 Opportunities

Please refer to our [JTT homepage](#) for details.

Sign up for Northern's Junior Newsletter [HERE!](#)

Southeast MN League Overview

2026 USTA Northern Junior Team Tennis

Southeast MN League Summary

League Manager Contact Information

Natalie Stevens

USTA Northern, Junior Teams Manager

natalie@northern.usta.com

952.358.3294

Season Details, Fees, and Due Dates

All scheduled season league team registrations will open on April 2nd, 2026 and close May 29th, 2026.

Registration	Fee	Due date	Player/Roster Info	Team Minimum Requirement
Season League	\$70/team	May 29th, 2026	Player registration due before 1st match and or July 10th, 2026	3 boys / 3 girls
Freezie Cup (optional for 18UI Level 1 teams)	\$100/team	July 7th, 2026	Roster due (via email) July 11th, 2026	2 boys / 2 girls
Section Championship (optional for 18UI Level 2 teams)	\$170/team	July 7th, 2026	Rosters due (via email) July 11th, 2026	4 boys / 4 girls

Southeast MN League Counties

Counties included (by radius, but not excluded to): Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha, Waseca, Winona.

Division Levels Offered

18U Advanced:

18U Advanced is made up of competitive high school players who advance during the high school season, compete in Level 4+ USTA tournaments, plan to take their game to the next level, or just want to compete with some of the best JTT players in Northern.

- Recommended WTN Greater than 23 (example: 23 to 29)
- Recommended Age: 14 years old and up (9th grade or older)
- **Season Matches + Section Championship Eligible**

18U Intermediate:

18U Intermediate is a broader division that will be broken up into 2 levels in 2026. The Southeast MN League will combine both levels as one, but they are separated below for the sake of understanding what is expected for the Freezie Cup and Section Championships. Level descriptions are below:

- Level I (One):
 - Level I (One) players can range between beginner to lower junior varsity. Players

- that are developing their court skills and learning the rules/techniques of tennis.
- Recommended WTN Less than 35 (example: 35 to 40) or does not have a WTN rating
- Recommended Age: 11-18 years old (7th - 12th grade)
- **Season Matches + Freezie Cup**
- Level II (Two):
 - This division is composed of players that are junior varsity to lower-varsity players. Although they are developing athletes, they are only a few steps away from leveling up to advanced.
 - Recommended WTN Less than 29 (example: 29 to 34)
 - Typical Age Range: 13-18 years old (8th -12th grade)
 - **Season Matches + Section Championship Eligible**

14U Intermediate:

14U Intermediate is a division for the developing 11-14 year old player wanting match play experience. This level of play is great for players that are a step up from beginner.

- Recommended WTN Less than 32 (example: 32 to 40)
- **Season Matches + Section Championship Eligible**

12U Intermediate Green Ball:

12U Green Ball is designed for players going through the [Net Generation PlayTracker](#) point pathway or are age eligible beginners.

- Players aged 9-11 years old are recommended to play in green ball programs.
- All players in green ball will be required to meet 1500 points on the PlayTracker in order to play in yellow ball events. At least 1000 of these points must come from win points. At age 11 players will age out of the PlayTracker.
- Not WTN based - beginner to intermediate level
- **Season Matches + Freezie Cup**

2026 Southeast MN League Season Structure

The same rules and regulations from the Metro MN League apply.

- 18UA | 18UI | 14U | 12U
- Scoring format :
 - 8 game pro set , ad-scoring | We recommend local programs use a 8-game pro-set, with ad scoring format with a 7-point tiebreak at 7-7. The winning team will be determined by total games won.
 - Scorecard: Two singles sets: one boys, one girls | Two doubles sets: One boys, one girls | One mixed doubles set
- Season team minimum : 3 boys and 3 girls

Important:

Each team requires a team minimum of 3 girls and 3 boys for each match.

Each gender is allowed 1 player to play UP TO two lines for each match.

- Thursday Matches
 - Match Dates: June 11th, June 18th, June 25th, autoBYE, July 9th, and July 16th
- 1:00pm-5:00pm match times
 - 12U & 14UI 1pm-3pm
 - 18UA & 18UI 3pm-5pm

Subject to change prior to the season.

Player Eligibility (Singles WTN)

- Players must remain age-eligible from May 29th, 2026 through July 31, 2026 in order to register and participate in Junior Team Tennis. *For example, a player turning 15 during the eligibility period, should play on a 18U team to start the season.*
- All players with the following World Tennis Number high confidence ratings MUST play in their respective levels.

The [ITF World Tennis Number](#) provides a global standard for players. It is a 40-1 scale, with 40 being a beginner player and 1 being an elite professional. This scale is for all players, regardless of age, gender, or ability. Players will have separate ITF World Tennis Numbers for singles and doubles. Not all players have a WTN, so it is up to the coaches and parents to use their best judgment on level designation.

If players have a medium (light blue) to confident (dark blue) WTN rating, it is recommended to be within the WTN range at point of registration.

- 12U Green Ball:
 - not WTN based - beginner to intermediate level
- 14U Intermediate:
 - WTN Less than 32 (ex. 32 to 40)
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 - WTN Less than 35 (ex. 35 to 40)
- 18U Intermediate Level Two:
 - WTN Less than 29 (ex. 29 to 34)
- 18U Advanced:
 - WTN Greater than 23 (ex. 23 to 29)

Freezie Cup 2026

A one day JTT tournament to conclude the 12U and 18UI Level I season.

Event Details

Date: July 17th, 2026

Time: 9:00am-6:00pm

Location: Two Rivers High School | Mendota Heights, MN

Cost: \$100/team (Registration due July 7th, 2026)

Format: JTT | Round Robin | 4 game short set, no ad | B/G doubles & mixed doubles

Team Composition: minimum of 2 boys and 2 girls

Included: snacks, water, freezies, tshirt, medals for 1st-3rd place

Court Surface: Outdoor/Hard

Eligible teams must compete in the scheduled season.

2026 USTA Northern Section Championships

(2-3 days of play)

Divisions:

18U Advanced | 18U Intermediate Level II | 14U Intermediate

Format:

3 MATCHES ARE GUARANTEED | Single Elimination Bracket Play
8 game set, no-ad scoring *subject to change

Tournament Dates:

July 20th, 2026-July 22nd, 2026

MONDAY/TUESDAY/WEDNESDAY 18U INTERMEDIATE LEVEL II

MONDAY/TUESDAY 14U INTERMEDIATE

TUESDAY/WEDNESDAY 18U ADVANCED

Locations

14 and Under Intermediate:

- Roseville High School | 1240 County Road B2 W, Roseville, MN 55113

18 and Under Intermediate Level II:

- Two Rivers High School | 1897 Delaware Ave. Mendota Heights, MN 55118

18 and Under Advanced:

- University of Northwestern - St. Paul | 3003 Snelling Ave N., Roseville, MN 55113

Maximum number of teams per division for guaranteed matches:

18UA: 20 | 18UI Level II: 32 | 14U: 20

Number of teams that will qualify for bracket play:

Top 8 of each division will advance to the gold bracket.

**adding additional brackets to the tournament is subject to weather (i.e. silver bracket for 18UI)*

Section Championship Qualifications:

Player/Team:

- Teams must compete in **3 matches** prior to Section Championships. The rosters must meet the team minimum standards of 3 players per gender. Three qualifying matches must be completed by July 10th, 2026.
- Teams must follow the recommended WTN ranges per player. If a player does not have a WTN, please place the player where they best fit to competitively play.
- Programs **up to 2 teams** per division unless there is space available for more after the registration deadline has passed.
- Section Championship teams will require 4 players of each gender to be rostered.

Coach/Provider:

- All paid and volunteer coaches must be [Safe Play](#) compliant. Proof of Safe Play compliance will be due prior to the tournament. All coaches must check in for their first match of the day to receive a daily wristband.

Section Championship Rosters:

- Team Minimum: 4 boys and 4 girls

- Team Maximum: 8 players + 2 alternates
 - 1 alternate for each gender (boy/girl) is allowed for each roster submitted (10 total players per roster).
- Rosters are due July 11th, 2026 via email to natalie@northern.usta.com and Tennislink Registration.

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Refund Policy

No refunds will be distributed for the section championships registration.

Schedule Commitment

All teams must commit to attending all days of their division's tournament. Scheduled match times can change depending on the weather, so all players must be available to play at an earlier or later time than scheduled if need be.

Matches could be played between 8:00am to 9:00pm depending on weather. The schedule that is originally sent out to coaches is subject to change.

JTT 2026 Opportunities

Please refer to our [JTT homepage](#) for details.

Sign up for Northern's Junior Newsletter [HERE!](#)

Admin-Only Overview

2026 USTA Northern Junior Team Tennis

Admin Only League Summary

includes Administrative Services only.

- To be considered an Admin-Only team, the program must be located outside a 50 mile radius of the section office. 2685 Vikings Cir Suite 100 , Eagan, MN 55121
- Teams that do not require section office scheduling must still communicate their days of play so they can be recorded into TennisLink.
- Teams outside of the 50 Mile radius can choose to be included in the scheduling, but travel will be necessary for weekly matches. Teams that are included in the section scheduling will be charged the standard league fee for registration.

Season Registration Timeline	Team Fee	Notes		
April 2nd, 2026 - June 10th, 2026	\$20/team	<ul style="list-style-type: none"> • Required for section championship eligibility if not participating in a scheduled league • This registration is for teams that plan to participate in the section championships only. • Included is team creation and staff support. 		
Event	Team Fee	Registration Timeline	Player/Roster Info	Team Minimum Requirement
Section Championship (optional for 18UI Level 2 teams)	\$170/team	June 22nd, 2026-July 7th, 2026	Rosters due (via email) July 11th, 2026	4 boys / 4 girls

Division Levels Offered

18U Advanced:

18U Advanced is made up of competitive high school players who advance during the high school season, compete in Level 4+ USTA tournaments, plan to take their game to the next level, or just want to compete with some of the best JTT players in Northern.

- Recommended WTN Greater than 23 (example: 23 to 29)
- Recommended Age: 14 years old and up (9th grade or older)

18U Intermediate Level II (L2)

18U Intermediate is a broader division that will be broken up into 2 levels in 2026. Level descriptions are below:

- Level II (Two):
 - This division is composed of players that are junior varsity to lower-varsity players. Although they are developing athletes, they are only a few steps away from leveling up to advanced.
 - Recommended WTN Less than 29 (example: 29 to 34)
 - Typical Age Range: 13-18 years old (8th -12th grade)

14U Intermediate:

14U Intermediate is a division for the developing 11-14 year old player wanting match play experience. This level of play is great for players that are a step up from beginner.

- Recommended WTN Less than 32 (example: 32 to 40)

Player Eligibility (Singles WTN)

- **Players must remain age-eligible from May 29th, 2026 through July 31, 2026 in order to register and participate in Junior Team Tennis. For example, a player turning 15 during the**

- *eligibility period, should play on a 18U team to start the season.*
- All players with the following World Tennis Number high confidence ratings MUST play in their respective levels.

The [ITF World Tennis Number](#) provides a global standard for players. It is a 40-1 scale, with 40 being a beginner player and 1 being an elite professional. This scale is for all players, regardless of age, gender, or ability. Players will have separate ITF World Tennis Numbers for singles and doubles. Not all players have a WTN, so it is up to the coaches and parents to use their best judgment on level designation.

If players have a medium (light blue) to confident (dark blue) WTN rating, it is recommended to be within the WTN range at point of registration.

- 12U Green Ball:
 - not WTN based - beginner to intermediate level
- 14U Intermediate:
 - WTN Less than 32 (ex. 32 to 40)
- 18U Intermediate Level One:
 - WTN Less than 35 (ex. 35 to 40)
- 18U Intermediate Level Two:
 - WTN Less than 29 (ex. 29 to 34)
- 18U Advanced:
 - WTN Greater than 23 (ex. 23 to 29)

2026 USTA Northern Section Championships (2-3 days of play)

Divisions:

18U Advanced | 18U Intermediate Level II | 14U Intermediate

Format:

3 MATCHES ARE GUARANTEED | Single Elimination Bracket Play
8 game set, no-ad scoring *subject to change

Tournament Dates:

July 20th, 2026-July 22nd, 2026

MONDAY/TUESDAY/WEDNESDAY 18U INTERMEDIATE LEVEL II

MONDAY/TUESDAY 14U INTERMEDIATE

TUESDAY/WEDNESDAY 18U ADVANCED

Locations

14 and Under Intermediate:

- Roseville High School | 1240 County Road B2 W, Roseville, MN 55113

18 and Under Intermediate Level II:

- Two Rivers High School | 1897 Delaware Ave. Mendota Heights, MN 55118

18 and Under Advanced:

- University of Northwestern - St. Paul | 3003 Snelling Ave N., Roseville, MN 55113

Maximum number of teams per division for guaranteed matches:

18UA: 20 | 18UI Level II: 32 | 14U: 20

Number of teams that will qualify for bracket play:

Top 8 of each division will advance to the gold bracket.

**adding additional brackets to the tournament is subject to weather (i.e. silver bracket for 18UI)*

Section Championship Qualifications:

Player/Team:

- Teams must compete in **3 matches** prior to Section Championships. The rosters must meet the team minimum standards of 3 players per gender. Three qualifying matches must be completed by July 10th, 2026.
- Teams must follow the recommended WTN ranges per player. If a player does not have a WTN, please place the player where they best fit to competitively play.
- Programs **up to 2 teams** per division unless there is space available for more after the registration deadline has passed.
- Section Championship teams will require 4 players of each gender to be rostered.

Coach/Provider:

- All paid and volunteer coaches must be [Safe Play](#) compliant. Proof of Safe Play compliance will be due prior to the tournament. All coaches must check in for their first match of the day to receive a daily wristband.

Section Championship Rosters:

- Team Minimum: 4 boys and 4 girls
- Team Maximum: 8 players + 2 alternates
 - 1 alternate for each gender (boy/girl) is allowed for each roster submitted (10 total players per roster).
- Rosters are due July 11th, 2026 via email to natalie@northern.usta.com and Tennislink Registration.

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Refund Policy

No refunds will be distributed for the section championships registration.

Schedule Commitment

All teams must commit to attending all days of their division's tournament. Scheduled match times can change depending on the weather, so all players must be available to play at an earlier or later time than scheduled if need be.

Matches could be played between 8:00am to 9:00pm depending on weather. The schedule that is originally sent out to coaches is subject to change.

JTT 2026 Opportunities

Please refer to our [JTT homepage](#) for details.

Sign up for Northern's Junior Newsletter [HERE!](#)

Overall League Acknowledgement

2026 USTA Northern Junior Team Tennis: League Acknowledgement and Summary

Registering a JTT team serves as confirmation that every Coach or Team Manager has read and understands and agrees to follow the rules, policies, and expectations for the USTA Northern Junior Team Tennis (JTT) 2026 Season and Section Championships Regulations. **This document is only a summary of the 2026 USTA Northern JTT Regulations.**

1. Safe Play Compliance (Mandatory for Coaches/Managers)

*I acknowledge and affirm my understanding of the [Safe Play Compliance](#) requirements and certify that, if I am an adult who has regular contact with or authority over a minor athlete, I must:

- **Read and Acknowledge** the USTA Safe Play Policy.
- **Complete** education from the U.S. Center for SafeSport.
- **Complete** my background screen application.

*I understand that proof of Safe Play compliance will be required prior to the Section Championship desk to receive a daily wristband (required in order to coach in any capacity).

2. Season Team and Player Management Responsibilities

*I acknowledge and agree to take full responsibility for the following team and player logistics:

- **Team Minimums:** I will ensure the team meets the minimum requirement of **3 girls and 3 boys** for each season match. I understand that each gender is allowed 1 player to play up to two lines per match.
- **Player Registration:** I am responsible for ensuring **ALL players** participating in local program matches are registered for the team on **TennisLink prior to their first match** and no later than **July 10th, 2026**. Players not listed in TennisLink are ineligible to play and their results will be recorded as defaults.

3. Schedule Commitment and Communication

*I acknowledge and agree to adhere to the highest standards of schedule commitment and communication:

- **Local Match Procedures:** I will exchange line-ups and am highly encouraged to communicate the team's "order of strength" prior to the match. I am responsible for holding my players accountable to play and act in accordance with the Rules of Tennis and The Code as outlined in the [Friend At Court](#).
- **Schedule Commitment:** I understand that defaulting matches due to the lack of prompt communication may result in team disqualification from the Section Championships.
- **Timely Communication:** I will communicate with the opposing team at least **24-48 hours in advance** if a team is unexpectedly short players or cannot meet the minimum player requirement.
- **Rescheduling:** If a match is rescheduled, I will immediately notify **Natalie Stevens** in the Northern section office via email at **natalie@northern.usta.com** so the change can be recorded in TennisLink.
- **Score Submission:** I understand that the Home Team/Team A is expected to record the local match scores in TennisLink within **24-48 hours** of match completion.

4. Eligibility and Rules of Conduct

*I acknowledge and agree to abide by all eligibility rules and standards of conduct:

- **Team Eligibility (for Section Championship):** The team must participate in at least **3 scheduled matches** by July 10th, 2026 to be eligible for the Section Championship (exception: Admin-Only league teams).
- **WTN Compliance:** I will use my best judgment and follow the recommended WTN ranges for player placement, especially for players with medium or confident ratings, to ensure competitive and appropriate divisional placement.
- **Sportsmanship and Conduct:** I understand that coaches, players, and spectators are expected to display good sportsmanship and treat all attendees with respect.
- **The Code:** I am responsible for holding players accountable to play and act in accordance with the **Rules of Tennis and The Code** as outlined in the [Friend At Court](#).

USTA Northern JTT 2026: Season and Championships Summary

1. Key Deadlines, Dates, and Fees

SEASON Event/Action All Divisions	Start Date	End Date / Due Date	Notes
TEAM			
Scheduled League Team Registration	April 2nd, 2026	May 29th, 2026 (Fee Due)	Metro, Northland, Southeast
Admin-Only Team Registration	April 2nd, 2026	June 10th, 2026 (Fee Due)	Non-scheduled programs
Season Matches Begin	Week of June 7th, 2026	Week of July 12th, 2026	
Bye Week (No Scheduled Matches)	June 30th, 2026	July 2nd, 2026	
Fee Type	Amount	Deadline	Notes
Scheduled Season Leagues	\$70/team	May 29th, 2026	
Admin-Only Services	\$20/team	June 10th, 2026	Required for Section Championship eligibility if not in a scheduled league.
PLAYER			
Player Eligibility	Players must remain age-eligible from May 29th, 2026 through July 31st, 2026 in order to register and participate in Junior Team Tennis.		For example, a player turning 15 during the eligibility period, should play on a 18U team to start the season.

USTA Junior Membership	Free	N/A	
TennisLink Player Registration Fee	\$3.15/player	Prior to first match	Set by Active/TennisLink.
SECTION CHAMPIONSHIPS Event/Action	Start Date	End Date / Due Date	Notes
Divisions: 18UA 18UI L2 14UI			
Section Championship Registration Timeframe	June 22nd, 2026	July 7th, 2026	
Qualifying Matches Deadline	N/A	July 10th, 2026	Minimum of 3 matches
Section Championship Rosters Due	N/A	July 11th, 2026	Due via email
Section Championship Tournament Dates	Monday - July 20th, 2026	Wednesday - July 22nd, 2026	2-3 days of play
Fee Type	Amount	Deadline	Notes
Section Championship Team Fee	\$170/team	July 7th, 2026	Non-refundable.
12U and 18UI L1 ONLY			
Freezie Cup Registration	June 22nd, 2026	July 7th, 2026	
Freezie Cup 2026 Event Date	N/A	July 17th, 2026	

Fee Type	Amount	Deadline	Notes
Freezie Cup Team Fee	\$100/team	July 7th, 2026	

2. Season Structure and Divisions

Division	Recommended Age/Grade	Recommended WTN Range	Match Day	Section Championship Eligible?
18U Advanced	14+ / 9th Grade-12th Grade	Greater than 23 (ex. 23-29)	Thursday	YES
18U Intermediate Level II (L2)	11-18 / 7th-12th Grade	Less than 29 (ex. 29-34)	Thursday	YES
18U Intermediate Level I (L1)	13-18 / 8th-12th Grade	Less than 35 (ex. 35-40) or no WTN	Wednesday	NO (Eligible for Freezie Cup)
14U Intermediate	11-14	Less than 32 (ex. 32-40)	Tuesday	YES
12U Intermediate Green Ball	9-11 *green ball status in PlayTracker Points	Not WTN based	Wednesday	NO (Eligible for Freezie Cup)

3. Section Championship Requirements

Requirement Type	Details
Team Qualification	Must participate in a minimum of 3 scheduled matches by July 10th, 2026.

Coach Qualification	All paid and volunteer coaches must be Safe Play compliant.
Format	<ul style="list-style-type: none">• 3 matches are guaranteed• Single Elimination Bracket Play• Scoring is an 8-game set, no-ad scoring
Roster Minimum	4 boys and 4 girls (Total 8 players)
Roster Maximum	8 players + 2 alternates (1 boy/1 girl) = 10 total players
Dates	<p>July 20th - July 22nd, 2026.</p> <p><i>All teams must commit to attending all days of their division's tournament. Scheduled match times can change depending on the weather, so all players must be available to play at an earlier or later time than scheduled if need be.</i></p> <p><i>Matches could be played between 8:00am to 9:00pm depending on weather. The schedule that is originally sent out to coaches is subject to change.</i></p>

Coach Guide

Welcome, this guide will help you navigate how to successfully run a USTA Northern Junior Team Tennis program in your community as a coach, parent, or motivated player.

2026 USTA Northern Junior Team Tennis

Contents

The following topics will be covered throughout the guide. In summary, below is your checklist.

1. What is Junior Team Tennis?
 - a. Season League and Section Championships
 - b. Local USTA Northern Regulations
 - i. 2026 - Local Regulations * attached to document
2. Local Section Coordinator
 - a. Coordinator and Provider Communication Expectations
 - b. Scory Entry
 - c. Weather
 - d. Managing Conflicts
 - e. Insurance
 - i. [USTA Coaching](#)
 - f. Scheduling Commitment
3. Safeplay Compliance
4. Friend At Court
5. Preseason Planning
 - a. Budgeting
 - b. Recruiting
 - c. Teams and Players
 - d. Marketing and Promotion
6. Wrap-up
7. Resources

WHAT IS JUNIOR TEAM TENNIS?

USTA Junior Team Tennis (JTT) brings together boys and girls, ages 11-18, to play singles, doubles and mixed doubles against other coed teams. Beyond being fun and a great form of exercise, Junior Team Tennis is a competitive, level-based environment that promotes individual growth, social growth and life skills.

Junior Team Tennis emphasizes sportsmanship — that success isn't just about winning, it's about how you play the game and respond to challenges. JTT also teaches kids how to work together for success. Nearly 100,000 kids nationwide play Junior Team Tennis annually, thanks to the many volunteers that can include coaches, tennis professionals and player parents who often serve as team managers and captains.

USTA Northern currently offers leagues and scheduling for 12 and under green ball, 14 and under intermediate, and 18 and under intermediate/advanced divisions. The summer season runs June to July, starting with weekly matches and ending with the section championship tournament.

Division Levels

18U Advanced:

18U Advanced is made up of competitive high school players who advance during the high school season, compete in Level 4+ USTA tournaments, plan to take their game to the next level, or just want to compete with some of the best JTT players in Northern.

- Recommended WTN Greater than 23 (example: 23 to 29)
- Recommended Age: 14 years old and up (9th grade or older)
- **Season Matches + Section Championship Eligible**

18U Intermediate:

18U Intermediate is a broader division that will be broken up into 2 levels in 2026. Level descriptions are below:

- Level I (One):
 - **This division will play bi-weekly doubleheaders.** Level I (One) players can range between beginner to lower junior varsity. Players that are developing their court skills and learning the rules/techniques of tennis.
 - Recommended WTN Less than 35 (example: 35 to 40) or does not have a WTN rating
 - Recommended Age: 11-18 years old (7th - 12th grade)
 - **Season Matches + Freezie Cup Eligible**
- Level II (Two):
 - This division is composed of players that are junior varsity to lower-varsity players. Although they are developing athletes, they are only a few steps away from leveling up to advanced.
 - Recommended WTN Less than 29 (example: 29 to 34)
 - Typical Age Range: 13-18 years old (8th -12th grade)
 - **Season Matches + Section Championship Eligible**

14U Intermediate:

14U Intermediate is a division for the developing 11-14 year old player wanting match play experience. This level of play is great for players that are a step up from beginner.

- Recommended WTN Less than 32 (example: 32 to 40)
- **Season Matches + Section Championship Eligible**

12U Intermediate Green Ball:

12U Green Ball is designed for players going through the [Net Generation PlayTracker](#) point pathway or are age eligible beginners.

- **This division will play bi-weekly doubleheaders.**
- Players aged 9-11 years old are recommended to play in green ball programs.
- All players in green ball will be required to meet 1500 points on the PlayTracker in order to play in yellow ball events. At least 1000 of these points must come from win points. At age 11 players will age out of the PlayTracker.
- Not WTN based - beginner to intermediate level
- **Season Matches + Freezie Cup Eligible**

Division Match Days

Tuesday	Wednesday	Thursday
14U Intermediate	12U Green Ball	18U Advanced
	18U Intermediate Level I	18U Intermediate Level II

Scheduled Match Dates

- 18UA and 18UI II (Two)
 - June 11th, June 18th, June 25th, autoBYE, July 9th, and July 16th
- 14U Int.
 - June 9th, June 16th, June 23rd, autoBYE, July 7th, July 14th
- 12U and 18UI I (One) (biweekly doubleheaders)
 - June 10th, June 24th, July 8th
 - **One location each week per division**

Players must register for their team on [TennisLink](#) prior to their first match and no later than July 10th, 2026. It is highly encouraged to have your players play in more than one match to get the full experience.

Section Championship team registration opens June 22nd, 2026 and closes July 7th, 2026. *There are no refunds on registrations.*

SEASON LEAGUE AND SECTION CHAMPIONSHIPS

Season Overview

- 5-6 weeks, please see local regulations for current dates

- Age Divisions play 1 match per week
 - 14u on Tuesdays
 - 12u and 18U Int. L1 on Wednesdays
 - 18u Intermediate L2 and Advanced on Thursdays
- Matches are played between 1:00pm - 4:00pm
- Teams are expected to commit to their schedule and reschedule matches within the season if needed.
- Practices can be held in between matches during this period of time.
- Single Day Events can be hosted throughout the section by any provider.

Currently Offered Scheduled Leagues:

Metro MN League:

- Counties included (by radius, but not excluded to): Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, Sherburne, St. Croix, Washington, and Wright.

Northland MN League:

- Counties included (by radius, but not excluded to): Lake, St. Louis, Douglas, Carleton, Pine, Aitkin.

Southeast MN League:

- Counties included (by radius, but not excluded to): Dodge, Fillmore, Freeborn, Goodhue, Houston, Mower, Olmsted, Rice, Steele, Wabasha, Waseca, Winona.

Alternative option available:

Admin-Only includes Administrative Services only.

- To be considered an Admin-Only team, the program must be located outside a 50 mile radius of the section office. 2685 Vikings Cir Suite 100 , Eagan, MN 55121
- Teams that do not require section office scheduling must still communicate their days of play so they can be recorded into TennisLink.
- Teams outside of the 50 Mile radius can choose to be included in the scheduling, but travel will be necessary for weekly matches. Teams that are included in the section scheduling will be charged the standard league fee for registration.

Section Championship Tournament Week

- Days of the week: Monday, Tuesday Wednesday
- Dates: July 20th, 2026-July 22nd, 2026
 - MONDAY/TUESDAY/WEDNESDAY 18U INTERMEDIATE LEVEL II
 - MONDAY/TUESDAY 14U INTERMEDIATE
 - TUESDAY/WEDNESDAY 18U ADVANCED

LOCAL USTA NORTHERN REGULATIONS

The local regulations are made up of rules and regulations that coaches and players must abide by throughout the season and sectional tournament. These rules and regulations are updated annually based on the section's current needs. *linked to this document

LOCAL SECTION COORDINATOR CONTACT INFORMATION

Natalie Stevens

USTA Northern, Junior Teams Manager

natalie@northern.usta.com

952.358.3294

Communication Expectations

Local Section Coordinator

Ultimately, the primary responsibilities of the local league coordinator are to serve as the main decision maker and ensure that every child in the league has an enjoyable and rewarding experience. The coordinator will schedule the season matches and oversee the section championships.

They are the main communicator with coaches and team providers. While email is the main form of contact, the coordinator and providers should also make phone numbers available. This can make last-minute communication easier to provide.

Coach and Team Captains

Coaches and captains are in charge of their own team, and will communicate with players and parents directly. Coaches and team managers are required to register their own players online after receiving their team ID from the section coordinator.

Teams should have practices in between matches to get them ready to play their best, just like in any other sport. Teams can either set a date and time each week or vary it. Practice plans are up to each coach and will depend on the age and skill level. When organizing a practice, coaches should be sure that courts and equipment are available to use. There are a variety of resources for organizing practices, including the Net Generation App.

At a team match, one adult should be in charge of each team. A few days before the match, opposing coaches should contact each other to review the date, time, location and how many players each team will have. **If a team has short players, the coach should let the other coach know so that the other team will know how many players to bring, or whether a player will need to play twice. If the coach knows they will not be able to field a full roster ahead of time, reach out to the opposing coach as soon as possible to try to reschedule.**

The coach should also communicate with his/her team before each match, letting them know what they are playing and if there are any time constraints. Players and parents should know to contact the coach by phone or text if there are any last-minute changes.

Another important item to communicate is the level of players to be able to provide the best level-based play.

When players arrive, a coach should take attendance of who is there. A coach should also have a contact list, should a player not show up, so lineups can be adjusted. Match assignments can then be determined, with the goal to get out as many matches as possible so players are not waiting around too long.

Before play begins, coaches should bring all the players together to discuss rules and any housekeeping items (bathrooms, trash on court, etc.).

After matches are done, coaches should write all scores down and confirm with the opposing coach. The scores should then be entered into TennisLink by the coaches no more than 48 hours after the match. Coaches should also send a summary to their teams.

Communication is one of the best parts of being a coach. The coach has to communicate with parents, players, other coaches and the local coordinator. A coach should have contact information that includes email and mobile phone for all parties. If team providers have more than one coach, it is expected that all contact information is given to the coordinator. This includes names, email addresses, and phone numbers.

Score Entry

Team managers/coaches are responsible for entering scores, preferably within 24 hours of match completion, but no more than 48 hours. This typically falls on the home team captain, although either captain can enter scores.

Weather Updates

A rainout match day should be designated at the beginning of the season. Coaches are then responsible for scheduling any rainout matches that occur throughout the season.

Managing Conflicts

Conflicts may arise throughout the season. These could include inappropriate coaching by a parent to their child, other parents becoming upset about line calls/incorrect scoring, lack of spectator etiquette, etc.

["Friend at Court"](#) can be a good reference. The Section Coordinator lists what USTA Northern's process is in the League Regulations, but coaches can contact the league coordinator for guidance.

Insurance

If facilities or programs wish to be insured, they must contact their local insurance agent. USTA Northern does not insure coaches or providers. USTA Coaching does offer an option for insurance, please [click here](#) to learn more on the website.

Schedule Commitment

Team providers are responsible for communicating with their players the high expectation of attending matches and or practices. Respecting your weekly opponent's time is extremely important. Defaulting matches due to the lack of prompt communication may cause team disqualification from the Section Championships. Please keep communication and commitment to the schedule as a top priority. If a team is unexpectedly short players for the match, the coach/team manager should contact the opposing team to let them know 24-48 hours in advance.

SAFEPLAY COMPLIANCE

Who needs [Safe Play](#)?

Adults who have regular contact with or authority over a minor athlete in USTA programs, events, or tournaments must be in compliance with Safe Play. This includes background screens and education about preventing misconduct in sport for the following groups:

- USTA Staff
- Coaches
- Volunteers
- Section Championship Host

How do I get approved?

The Safe Play Approval process consists of the following two-step process:

Step 1

Read and acknowledge the USTA Safe Play Policy.

Complete education from the U.S. Center for SafeSport.

Step 2

Complete your background screen application.

[GET APPROVED](#)

FRIEND AT COURT

THE HANDBOOK of TENNIS RULES and REGULATIONS (2025 Edition)

[Friend at Court](#) is the book of rules and regulations under which tennis is played in the United States. It is recommended reading for players, parents, coaches, teachers, tournament directors, league officials, and anyone who wants a finer understanding of the game. A working knowledge of the ITF Rules of Tennis, *The Code*, and USTA Regulations is essential to playing the game the way it should be played.

PRESEASON PLANNING

Budgeting

There is a lot that goes into running a successful junior team tennis program. Items such as court costs, balls, USTA Northern team fees, TennisLink system player fees, and other expenses can be often overlooked.

Providers can choose to charge the amount they feel necessary, but USTA Northern encourages programs to make the cost to play accessible for all players. The goal for a program should be to benefit the player's experience at an affordable cost.

Note: Some coaches in our section choose to volunteer their time. This reduces the expenses dramatically, but is not expected.

Sample Budget:

This would be a sample budget for a program that covers the player fee through Tennislink and is scheduled through the office. The USTA Northern Fees are based on 2026 regulations.

The \$15.57/hr wage is based on minimum wage in the Twin Cities, MN. Please pay your coaching staff appropriately - this is just an example.

REVENUE	
Players (3 teams, 8-12 players each)	32
Fee per player	\$120
Total Revenue	\$3,840
EXPENSES	
USTA Northern Team Fee	\$70/team = \$210
TennisLink Player Fee - system fee	\$3.15/player = \$100.80
USTA Northern Section Championships	\$170/team = \$510.00
Ball Cases (\$90/case, roughly 4 of 24 can cases needed- gives room for practice balls if necessary)	\$360
Sportsmanship Prizes or Shirts	\$10/player = \$320
A bare minimum example*:	\$632 per coach (3 coaches) = \$1,896

Season Coach Costs \$16/hr ~32 hours (~15 hrs matches) + (~10 hrs practices) + (~7 hrs section championship) = \$512 + \$120 in travel - This is a sample for a multiple coach payroll and 5 week season	
Total Expenses	3,396.80
Gross Profit	\$443.20

The profit from the season can go towards outstanding expenses OR towards an end of season party. An example would be a pizza or ice cream party at a park.

Sponsorships and Grants

JTT teams may also solicit revenue from outside sources such as sponsorships, grants and support from organizations in the USTA family. Sponsorships may be used to provide amenities to players, for example, T-shirts or a player party at the end of the season.

Grants are normally provided as a means of reducing costs for leagues in more economically challenged areas. If the coach or team captain is applying for grants, they should be focused on providing information on the benefits of playing tennis to the participant and emphasizing these benefits to the foundation or nonprofit organization to which they are applying. The USTA and their sections do give out grants to programs, but there are many other places that do also, such as nonprofits and foundations in the area.

Junior Scholarships- 2026

USTA Northern budgets annually for travel reimbursement to attend the Section Championships. Please contact your local coordinator to see if this information is available. *Available to counties outside teams outside of the Metro MN League County Radius (or 51 Miles from the section office).*

RECRUITING

Coaches

Coaches can be club pros, school coaches (although some districts have restrictions on this), recreation department employees, avid tennis players, or parents. Parents can be great coaches if well trained, and there are a number of places that they can go to be trained.

Consider having an informational meeting for individuals interested in coaching. Make sure league logistics are set prior to the meeting: locations, season dates, match days and

league regulations. A well-organized meeting can help potential volunteers see the value in assisting with the league.

Players

Once coaches are identified, they can begin recruiting players. While it can be simpler to recruit players they know, they should be encouraged to work on reaching out to the wider community. To find new players, school handouts can be created to go home to parents of younger players, notices can be added in school newsletters and posters can be created to hang up at schools, among other ideas. The USTA has many different marketing materials available. Contact your [USTA Northern Manager](#) for more information.

For programs that involve players already participating in lessons or clinic programs, e-blasts or handouts are great. Club pros can be encouraged to have JTT in-house parties that can also act as recruitment tools while providing play for their members and education for the parents.

Marketing and Promotion

There are many different ways to promote JTT:

- Social Media: Instagram, X (Twitter), Facebook, etc.
- Paper Flyers & Posters
- Email Campaigns & Newsletters
- Relationship Building with Clubs & Pros

Communication

Communication is extremely important in coordinating a JTT Program. Emails and texts are a key component of this communication. An outline of in person/virtual meetings is found below:

- **Introductory Meeting or Email:** Include all coaches and cover season dates, player eligibility, level of play, costs, registration instructions, TennisLink, league rules, SafePlay background screenings, etc.
- **One-on-One Meetings with New Coaches:** Can go into more detail on the league procedures, [TennisLink](#) and [Net Generation](#).
- **In-Season Meetings or Conference Calls:** Work out any issues that may arise with players, parents, weather, etc.
- **Parent Meetings:** Review expectations for parents, including conduct, sportsmanship, etc., and be sure to host prior to the beginning of the league.

WRAP-UP

At the end of the summer season, the league coordinator will reach out to the coaches with the following items to wrap up:

- Confirm score entry
- Section Championships results
- End-of-year coach survey
- Upcoming events

The coach survey will aid in the next year's revisions.

Coaches should end the season by wrapping up communication with their parents and players and also encourage any eligible players to return for next year's season.

Piloting a Scheduled (Outer-Metro) League

If a program is wanting a scheduled league for their area (outside the 50 mile radius), please contact the section league coordinator.

RESOURCES

[2026 Regulations *attached in this document](#)

[USTA Northern JTT Website](#)

[Tennislink](#)

[Net Generation](#)

[USTA Northern Grants](#)

[Junior Scholarships- 2026](#)

[Junior Membership - FREE](#)

[USTA Coaching](#)

[Tennislink Player Registration Steps](#)