

# USTA

## PACIFIC NORTHWEST

### NORTHERN OREGON

#### Adult 70 & Over League Guidelines

##### League Objective and Information

The Adult 70 & Over League allows players aged 70 and above to engage in competitive team tennis within a social and fun environment. The league's primary focus is to facilitate enjoyable and friendly competition among participants, fostering a sense of community and sportsmanship.

This is a social league with no advancement for teams.

The USTA PNW will administer the league with a fee of \$21.00 per participant plus a minor Tennislink processing fee.

Season Dates - June 1 - August 28, 2026

##### Eligibility

Players must turn 70 during the calendar year in which league matches are played.

##### Team Formation

Teams will be organized from local tennis clubs and facilities in the Northern Oregon area. Clubs will provide court times, with the option for outdoor matches if agreed upon by both team captains.

##### Player Recruitment

Team members may be recruited from any area, subject to approval by their respective clubs. All recruited players must comply with club policies.

##### USTA Membership

Participation in the league does not require USTA membership. However, players are required to obtain a free USTA number for registration purposes.

##### Number of Matches

Each team is guaranteed a minimum of 6-8 matches throughout the season.

### **Match Format**

Matches will consist of three (3) doubles matches, following USTA rules, with a 10-point tiebreak for the third set.

### **Match Confirmation**

Team Captains are responsible for confirming match details with their opponents one week before the scheduled match.

### **Rescheduling Policy**

Matches may be rescheduled with mutual consent from both teams and approval from the respective clubs. Any rescheduling must be finalized at least seven days before the original match date.

### **Order of Play**

- a. Captains will collaborate to arrange lineups, prioritizing placing the most skilled players in higher positions (#1 position, next at #2, etc).
- b. USTA ratings, if available, will guide player placement

### **Score Reporting.**

Match scores will be entered into TennisLink, allowing players to access stats and standings.

### **Roster Management**

Players may be added to the roster at any point during the season but must be registered before playing any matches.

### **Adherence to Rules, Regulations, and Guidelines**

All Adult 70 & Over league activities will comply with USTA PNW Regulations and Guidelines.

These Guidelines aim to promote an inclusive and vibrant tennis community, fostering a spirit of lifelong enjoyment and engagement in the sport.

Welcome to the USTA PNW Adult 70 & Over League!