

USTA



Ways to Play

OPEN PLAY

- Rotate in only one new player if there's an odd number of players waiting
- Racquets are placed down in order of arrival to determine who's next

ROUND ROBIN

1. Find your play partner and opponents
2. Each team plays the other teams at least once
3. Match win-loss record determines the overall winner
4. Two top winners play in "playoffs" for first place

ORDER OF PLAY

- The winning team stays on the court, new team plays next, or
- All four players exit and two new teams play, or
- Rotate in one new player when there's an odd number of players

Getting Started

WHAT TO PLAY WITH



23-INCH RACQUETS

(smaller than a traditional tennis racquet)



A TENNIS "RED BALL"

(lower compression tennis ball with slower bounce)

WHERE TO PLAY



SMALLER RACQUET SPORT COURT

(44 x 20 feet)



TENNIS COURT USING THE SERVICE BOX AND SINGLES SIDELINE

(42 x 27 feet)

How to Play

Red Ball Tennis is a fun social tennis experience designed for new players, returning players, and anyone who wants to play! Use this recommended guide and start playing tennis in less than 10 minutes.

SINGLES



- Players decide who will serve first
- Underhand serves, cross-court to the opponent (two chances to put the ball in play)
- The ball must bounce once on the return, and a bounce is required (no volleys)
- Switch sides every odd game

DOUBLES



- Players decide who will serve first
- Server determined by who's next on opposite team
- Underhand serves, cross-court to the opponent (two chances to put the ball in play)
- The ball must bounce once on the return, and a bounce is required (no volleys)
- Switch sides every odd game

SCORING



- First to four points (1, 2, 3, 4) = 1 game (at 3 all, the next point wins)
- First to four games (to win the set) The first player with two out of three sets wins the match, or
- Play a timed match (e.g. 10 minutes, 20 minutes), the players with the most games win

ALTERNATIVE RULES

- Volleys allowed anywhere
- Volleys allowed anywhere outside the "no volley zone" (closer to the net)
- Regular tennis scoring (15, 30, 40)
- No switching sides: teams stay on the same side the entire match
- Whatever side the ball finishes a point on, that player serves the next ball