



## 2018 USTA Foundation NJTL Essay Contest

### **This year's question:**

“ What is the most important lesson you have learned thus far through NJTL, and how does that lesson help you in your life as a student, a tennis player, and an individual? Please include the name of your NJTL in your answer.”

*Step 1.: Pick a lesson you've learned and want to write about..*

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*Step 2: How does this lesson helped you as a:*

*Student:* \_\_\_\_\_

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*Tennis Player:* \_\_\_\_\_

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*Individual:* \_\_\_\_\_

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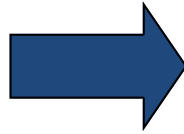
### Step 3: Essay Outline

Introduction. Your NJTL Lesson:

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Why? Support your reason:

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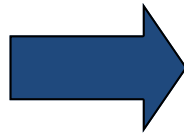
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How it helped you as a student:

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Why? Support your reason:

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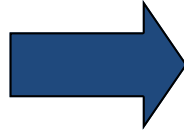
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How it helped you as a player:

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Why? Support your reason:

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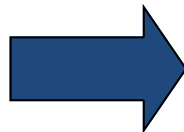
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How it helped you as an individual:

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Why? Support your reason:

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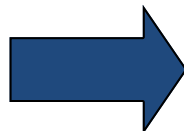
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Conclusion. Restate your main point:

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Closing statements:

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