

JUNIOR TEAM TENNIS

# VIRTUAL GAMES

Welcome to USTA Texas' Junior Team Tennis Virtual Games. The league season will run October 4 - November 1. Each week teams will complete activities to earn points for their team. Below are the list of activities for each week that players can complete, a link to the corresponding video or activity pages related to each activity, and the link to complete their submission. Bonus points can be awarded at any time throughout the league season. Team scores will be updated every Monday and Thursday on [usta.com/tx-virtual-games](http://usta.com/tx-virtual-games) throughout the league. The team who's earned the most points by the end of the league season will be named the league champions and players will earn a \$10 egift card from Tennis Express. Bonus prizes may be awarded for unique submissions throughout the duration of the league.

## WEEK 1 October 4 - October 10

Activity	Points	How to complete*
Net Generation at Home <a href="#">Make a Net</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Jacks</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Criss Cross</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Tennis Squares</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Chose from the Games and Projects, Ace Curriculum from the USTA Foundation, or Drawing Challenges to complete</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Participate in a live or recorded virtual workout of your choice for at least 30 minutes	3	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Complete a 5 question quiz on tennis rules	1	<a href="#">CLICK HERE</a> to complete the quiz

## WEEK 2 October 11 - October 17

Activity	Points	How to complete*
Net Generation at Home <a href="#">Balloon Tennis Part 1</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Garage rolling rally OR Wall rally</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity

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Net Generation at Home <a href="#">Backspinners</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Ball Pyramid</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Support your local community: Ex: write a thank you letter to an essential worker, donate to your local food bank, or volunteer with a local organization	3	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity along with a short description
Nutrition Challenge: Water log - <a href="#">CLICK HERE</a> for a copy of your water log for the week	1	<a href="#">CLICK HERE</a> to submit a photo of your week's water log
Complete a 5 question quiz on sportsmanship	1	<a href="#">CLICK HERE</a> to complete the quiz

**WEEK 3** October 18 - October 24

Activity	Points	How to complete*
Net Generation at Home <a href="#">Balloon Tennis Part 2</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Serving with a Sock</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Hot Hands with movement</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Body volley</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
<a href="#">CLICK HERE</a> to watch and follow along with all 6 GoNoodle tennis videos and about which video is your favorite and why.	3	<a href="#">CLICK HERE</a> to write about which GoNoodle video is your favorite and why
Nutrition Challenge: food log- <a href="#">CLICK HERE</a> for a copy of your food log for the week	1	<a href="#">CLICK HERE</a> to submit a photo of your week's food log
Complete a 5 question tennis rules quiz	1	<a href="#">CLICK HERE</a> to complete the quiz

**WEEK 4** October 25 - November 1

Activity	Points	How to complete*
Net Generation at Home <a href="#">Edgies</a>	1	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity

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Net Generation at Home <a href="#">Ball Drop</a>	1 <a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Plank Pass</a>	1 <a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Net Generation at Home <a href="#">Try a new skill - trick shot challenge</a>	1 <a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Support your local tennis community: Ex: Talk to a local tennis provider about what their job entails, purchase something from a local proshop, pickup trash near your favorite public courts	3 <a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
Championship Speech: You've just won one of your favorite Grand Slams (US Open, Australian Open, Wimbledon, or French Open), now write your championship speech!	1 <a href="#">CLICK HERE</a> write your championship thank you speech
Complete a 5 question quiz on sportsmanship	1 <a href="#">CLICK HERE</a> to complete the quiz

## BONUS POINTS!

Activity	Bonus Points	How to complete*
<a href="#">Social Media Superstar!</a> Use your team's hashtag in a social post about your tennis activities	Players can earn 1 point per post using your team # (no max)	USTA Texas will track social media for team hashtags and how often they're used throughout the league to add to the bonus points for the teams.
<a href="#">Holiday Bonus!</a> Wear your costume while you play on Halloween	1 point per person	Should be clearly visible within any regular weekly submission photos/videos the week of that holiday
<a href="#">Virtual VIP!</a> Play a tennis game on your computer, gaming console, phone or tablet	1 point per person	<a href="#">CLICK HERE</a> to submit a photo or short video of you completing the activity
<a href="#">USTA Superstar!</a> You've been seen wearing USTA gear in any of your submissions	1 Point per person	Should be clearly visible within any regular weekly submission photos/videos

### Team Hashtags:

Roadrunners: #TXJTRoadrunners

Armadillos: #TXJTTArmadillos

Coyotes: #TXJTTCoyotes