



USTA NEBRASKA LEAGUE REGULATIONS 2025 FOR ADULT AND MIXED DIVISIONS

The USTA Nebraska League Regulations, which are supplemented by the USTA Missouri Valley League Rules & Regulations and USTA League Regulations, shall apply to USTA League Tennis in the district. If USTA Nebraska does not have a regulation in place to address an issue and there is a USTA Missouri Valley regulation on that issue, then USTA Nebraska must follow the section regulation; and if there is no section regulation on that issue, and there is a national regulation on that issue, then USTA Nebraska must follow the national regulation.

Captains will be responsible for reviewing all league regulations (district, sectional and national) and communicating those rules to their players. USTA Nebraska will hold captain's meetings, however, any captain unable to attend a scheduled captains meeting will be solely responsible for obtaining information provided at the meeting.

USTA League Program: The USTA League is a team competition for men, women and mixed genders at specified National Tennis Rating Program (NTRP) levels of play. The USTA League is organized as follows:

League Type	League Format	NTRP Levels	Championship Levels
Adult 18 & Over	1 Singles 2 Doubles	2.5W, 5.0	District, Sectional and National
Adult 18 & Over	1 Singles 2 Doubles	Open	District, Sectional
Adult 18 & Over	2 Singles 3 Doubles	3.0, 3.5, 4.0, 4.5	District, Sectional and National
Adult 40 & Over	1 Singles 4 Doubles	3.0, 3.5, 4.0, 4.5	District, Sectional and National
Adult 40 & Over	1 Singles 1 Doubles	5.0	District
Adult 55 & Over	3 Doubles	6.0, 7.0, 8.0, 9.0	District, Sectional and National
Adult 65 & Over	3 Doubles	6.0, 7.0, 8.0, 9.0	District, Sectional
Mixed 18 & Over	3 Doubles	6.0, 7.0, 8.0, 9.0, 10.0	District, Sectional and National
Mixed 40 & Over	3 Doubles	6.0, 7.0, 8.0, 9.0	District, Sectional and National
Mixed 55 & Over	3 Doubles	6.0, 7.0, 8.0, 9.0	District, Sectional

Tri Level	3- Doubles	5.0,4.5,4.0,3.5,3.0,3.5,4.0	District, Sectional
-----------	------------	-----------------------------	---------------------

USTA League Type Age Requirements:

League Type	USTA League Participant Age Requirement
Adult 18 & Over	Must be at least 18 years of age prior to participating in the USTA league program
Adult 40 & Over	Must be at least 40 years of age, or turn 40, in the calendar year in which they play
Adult 55 & Over	Must be at least 55 years of age, or turn 55, in the calendar year in which they play
Adult 65 & Over	Must be at last 65 years of age, or turn 65, in the calendar year in which they play
Mixed 18 & Over	Must be at least 18 years of age prior to participating in the USTA league program
Mixed 40 & Over	Must be at least 40 years of age, or turn 40, in the calendar year in which they play

Matches Required to Advance to Championships:

Championships	Local Matches Required	Defaults that Count
District	2 Matches Applies to Self-Rated and Computer-Rated Appealed players	No defaults shall count
	2 Matches All other players	1 default received shall count
Sectional	3 Matches Applies to Self-Rated and Computer-Rated Appealed players	No defaults shall count
	2 Matches All other players	1 default received shall count
National	4 Matches Applies to Self-Rated and Computer-Rated Appealed players	No defaults shall count
	3 Matches All other players	1 default shall count

RETIRED matches shall count for all players

Local League:

1. **Local League Season:** Local league season and district playoff dates shall be determined by the District League Coordinator, but must be in congruence with the dates set by the USTA Missouri Valley Section (“USTA MV”). The 2024 local league season for the USTA Nebraska District begins on January 1, 2025, and the district championships, local league, local league playoffs and/or local league matches must be completed as follows:

League Types	Date
Adult 18 & Over – 3.0, 4.0, 5.0	July 21, 2025
Adult 18 & Over – 2.5W, 3.5, 4.5	July 7, 2025
Adult 40 & Over	July 28, 2025
Adult 55 & Over – 7.0, 9.0	TBD
Adult 55 & Over – 6.0, 8.0	TBD
Adult 65 & Over	TBD
Mixed 18 & Over	August 11, 2025
Mixed 40 & Over	August 25, 2025
Mixed 55 & Over	October 20, 2025
Tri-Level	October 13, 2025

2. The state will be divided into three local leagues: Omaha, Lincoln and Mid-State (all other).
3. The Local League Coordinators will be responsible for setting up a schedule of play with the District League Coordinator. After the schedule is approved by the District League Coordinator, the schedule will be published on Tennis Link.
4. The Local League Coordinators shall not deviate from any of the rules voted on and approved by the Player’s Council without approval by the Player’s Council.
5. A team may compete in more than one local league at the discretion and authorization of the District League Coordinator. If a team, captain (including non-playing captains) or player qualifies for the District League Championships in more than one local league at the same Division, then that team, captain or player must choose only one local league to represent at the District League Championships for that Division.

6. If a local league has a division consisting of a single team, then that team may participate in another local league. If neither the Omaha, Lincoln nor Mid-State local leagues have 2 or more teams in a division, then an all-state league will be played with the teams from all of the local leagues. There will be no District League Championship for all-state leagues.
7. **55 Percent Rule:** An Adult 18 & Over and Adult 40 & Over League must maintain **55%** of its players at the designated NTRP level of play if more than two teams are in the league.

Two Team Leagues:

1. If only two teams exist in the entire state for a level, they will play a minimum of three (3) team matches to determine the Nebraska representative at the Section Championships. Two team leagues must schedule and publish the schedule on Tennis Link with a minimum of 3 matches. All score reporting rules must be followed if the winner of a two-team league wishes to be considered a valid team to advance to a Section Championship.
2. If an Adult 18 & Over or Adult 40 & Over League consists of only two teams in a level of play, each team must maintain its roster with at least **40%** of its players at the designated NTRP level of play.
3. All two team leagues, in any Division, except 65 & Over and 55 & Over Mixed, must have two viable teams participating, including any combination rating league types. No accommodation matches will be created for local league advancement. "Viable" would mean a minimum number of combination rated players to fill court formation. EX: 3 courts of 9.0 combination doubles teams, minimum to participate in Adult 55 & Over 9.0 League.

Participation:

1. **Individual Participation:** A player may play on one team per Division, per local league, per local season. A player may play only one NTRP level above the player's current NTRP level in the Adult or Mixed Divisions.
2. **Division:** A Division is one NTRP level of one USTA League type. A league type is Adult 18 & Over, Adult 40 & Over, Adult 55 & Over, Adult 65 & Over, Mixed 18 & Over, Mixed 40 & Over, and Mixed 55 & Over.
3. **Captain:** No individual may captain, or be involved in captain decisions, for more than one team per Division of play in each local league.
4. **Membership:** All participants must have a valid USTA membership through the league season in which they are participating.
5. **NTRP Rating Requirement:** All players must have a valid NTRP rating to participate in the USTA League. A valid rating is a computer rating or proper self-rating.
Self-Rating: A player without a valid NTRP rating level in Tennis Link, a returning player with an expired NTRP rating level, a Tournament Exclusive (T) rated player or a Mixed Exclusive (M) rated player who does not have a valid (C) rating from a previous year and chooses to participate in the Adult Division, must self-rate to be assigned a new rating, reassigned to their

last expired rating or a higher rating based on their playing history to enter the USTA League Program as shown in the NTRP Rating Level for Entry Into League Play table.

6. Each team must compete at the level of the highest combined rated doubles team on the roster. It is the responsibility of the team captain to ensure that all doubles partners are within the combined level of play during each match. Failure to comply will result in match disqualification. There may be no more than a two-level (i.e. one-point) difference between partners on the court (e.g., 5.0 and 4.0 are okay, but 5.0 and 3.0 are not).

One Rating: All rated players of the self-rate category including medical or automatic appeal players, will have their rating defined by the NTRP level of play in which they participate in the adult and mixed leagues. Each player will have a single rating, and the same rating for all leagues. Should a player play at multiple adult NTRP levels, his/her highest NTRP level of participation in adult leagues will be the defining level of play.

7. **Team Registration:**

- A. Each team must have at least the minimum number of players for a viable match registered ten days prior to the commencement of league play. If not, the team will not be allowed to compete.
- B. No teams will be added to the league within (1) week of the start of the league.
- C. A player must be registered on his/her team prior to playing his/her first match. Should a player compete for a team without being registered on the team, the individual matches that the player competed in will be deemed forfeits. New players registering for a team during a league season must do so before the last two regularly scheduled matches in the flight or Division in which they are participating. Team participation for all Divisions of play shall be committed by their respective Commitment Date listed above.
- D. No team is allowed more than 2 out of district residents on a Nebraska team.

8. All district information (rosters from local league winning teams) regarding the Section Championships is to be submitted no later than 48 hours after the completion of any District Championship, or 14 days prior to the start of the Section Championship competition.

Rosters & Fees:

Roster Fee: The cost for league registration is \$25. The registration fee is non-refundable with the only exceptions as follows; the player has a documented injury, or the player moves out of district. These exceptions are only valid if a player has not yet played a match. The refund request should be sent to the USTA Nebraska Executive Director. At no time will the \$3 Tennis Link fee be refunded.

Roster Changes: Additions may be made to the roster until the last two scheduled matches of that team's local league. If an added team member fails to meet the requirements of percent of players at level rule, then matches played by that player are forfeited. Deletions of players from a roster are permitted provided the deleted player has not played any matches. The League Coordinator must be notified of the deletion. At no time may the number of players on a roster exceed the limit set forth under Maximum Roster Limit.

Lineup: Teams are not required to field players in order of strength at any level of league competition within the USTA Nebraska District. Team captains for each team shall exchange their team match cards simultaneously **prior** to the scheduled start time of the team match. Lineups must be exchanged on or before scheduled match time. If a player in the lineup is not present at this time, they must be placed on the lineup card at the #2 singles or lowest doubles spot or be replaced by another player who is present. If it is a Mixed or Adult 55 & Over match, they must be placed at #3 doubles. If it is an 18 & Over 2.5W, 5.0 match, or 40 & Over Adult match, they must be placed at #1 singles or lowest doubles spot. This must be done prior to start time. For more on late arrivals, see below.

1. **Defaults** - In the spirit of good sportsmanship and fair play, the opposing team should be advised of a known default prior to the exchange of lineups.
2. **Team Default:** Teams must play the majority of courts in a Team Match for the match to be valid. If a team defaults a majority of courts (defaulting 2 courts in a 3-court or 4-court league format or 3 courts in a 5-court format), it is a Team Default. If the captain commits a total team default two years in a row, they will not be allowed to captain for a period of one year. The Players Council shall review the default circumstances and may impose penalties.
3. **No substitutions** may be made in an individual match after the lineup has been presented, except for injury to, illness of, or a disqualification of a player prior to the start of such match. If the substitution is made during the warm-up, the option to recommence the warm-up rests with the substituted player. The first serve is considered the start of the match.
4. **Maximum Roster Limit:**
 - Adult 18 & Over - 18; Exception: 2.5, 5.0, Open - 14
 - Adult 40 & Over – 18
 - Adult 55 & Over – 16
 - Adult 65 & Over - 16
 - Mixed 18 & 40 Over – 16
 - Mixed 55 & Over – 12
 - Tri-Level – 16
5. **District Championship Fee:** District Championship entry fees will be determined by the District League Coordinator prior to each championship. The District League Coordinator will collect this fee. The fee may be waived, decreased, or increased by the District League Coordinator should the need arise.

Match Format & Scheduling of Matches:

1. National League Regulations specify the team format to be used by USTA Nebraska.
2. Match Format of Play: The format of play for individual matches is the best of three sets where the third and deciding set is a match tiebreak in lieu of the set itself.

3. Round Robin Play: The procedures in the event of a tie will be in accordance with the USTA National League Regulations.
4. **Scheduling of Leagues:** Prior to the first match in a league, all matches must be scheduled and set up on the internet. No schedule changes are allowed except for those due to weather restrictions, facility failure, or due to error in scheduling by the District League Coordinator (example of facility failure would be power outage or facility schedule errors).
5. **Schedule Changes:** No additional team matches will be added to the schedule after the team match schedule is completed.

Scorecards:

At the conclusion of each match the captains shall enter the results using Tennis Link. Standings will be used to determine advancement in the league play and it is essential for all matches to be recorded properly. Any entry errors shall be reported to the District League Coordinator. Scores must be entered within 48 hours of completing the match. Teams have 48 hours after the score is reported to confirm or dispute. Tennis Link will automatically confirm scores 48 hours after being reported. Failure to report scores 96 hours after completing the match shall result in a double default on all courts. The 96 Hour rule will be enforced unless the District League Coordinator approves a valid reason for delaying score entry.

Captains Meeting:

- The Local League Coordinator shall schedule and organize each of their local league captain's meetings.
- Every team captain or their designee must be present. All teams are responsible for information, rules, regulations, etc., distributed, discussed, voted on, and agreed to or in any other way acted upon at the captains meeting.

Late Arrivals:

Any player who is late to a match by 15 minutes past the scheduled match time will be defaulted. The player is not deemed to have arrived until the player checks in (or is in line) at the place designated for checking in for matches (normally the front desk) and must be properly clothed, equipped, and ready to play. A timepiece mutually agreed upon by both captains or acting captains will be used to determine the 15 minute default time. There will be no exceptions to this rule, even should both captains agree to an exception. For lineup information whereas a player is not present, please see above under Lineup.

Incomplete Matches:

An incomplete match is the result of weather or some uncontrollable event and not the result of a player/team.

Players participating in an incomplete match shall:

- Finish the match at a mutually agreed upon time, before the next scheduled match (in that league), for any of the players involved in the match.
- If a mutually agreed upon time cannot be determined, then the Level Coordinator or the District League Coordinator will set a new time, date and location for the completion of the match, unless one party retires from the match.
- If the players are assigned a time and place to complete a match or agree to finish the match at a mutually agreed upon time and place, and one party cannot make the new time, that party forfeits, and the match is concluded. There is no additional rescheduling involved.
- Notify the District League Coordinator of the incomplete match with 48 hours and new schedule time so the 48-hour default rule can be suspended.

District Championships:

1. **Eligibility:** Players from advancing teams are eligible to advance to the District Championships if that player has played on the same team two qualifying matches for self-rated & computer rated appealed players (no defaults shall count); all other players require two qualifying matches, with only one default received counting as a match played. The first-place team in each level within their respective local league shall be eligible for Districts. If the first-place team cannot compete the 2nd (or 3rd, etc.) place team in that league will fill this spot. If no team will compete from a local league, then the spot will be vacant.

2. **Format:**

Column	# Teams in Local League	# of Teams to Advance to Districts
1	2-3	1
2	4-6	2
3	7-9	3
4	9 or more	4

District Championships are designed to determine the best team in the state to advance to Sectionals. If enough teams participated in league play, district championship shall consist of four teams in order to have three matches in a single round robin. Play-ins may occur to achieve four teams. No team without a 50% or above winning percentage will attend championships. If a team does not have a winning record they will be replaced by the next team in line from the opposing league. If four teams do not meet the above criteria, then only the winner of each league will participate in the best of three series.

Order of Play: When four (4) teams are competing at a single level, then the order of play is determined in the following sequence.

If three (3) local leagues are represented, then teams from the same local league shall play each other last.

If two (2) local leagues are represented, then #1 seeds from each local league shall play each other last. Teams from the same local league shall play in the second round.

If one (1) local league is represented, then the teams shall be seeded with #1 vs. #4 and #2 vs. #3, then #1 vs. #3 and #2 vs. #4, and then #1 vs. #2 and #3 vs. #4. The four teams should be scheduled to play at the same times. If this cannot be accomplished, then the preference of scheduled playing time (following the above rotation) must be given to the team traveling the farthest (or the highest seeded team if distance is equal). If only 3 teams elect to play at the District Championship the team traveling the farthest shall have the choice of playing times. The order of play will then be determined by a coin toss.

3. **Substitutions:** If a substitution due to injury or illness occurs during the warm-up time, the warm-up clock shall restart.
4. **Waiver:** In the case of an all-state league (one league in district) then a District Championship will not be necessary and the league winner will advance directly to the Section Championships unless the District Coordinator decides otherwise.
5. **Section Championship Commitment Deadline.** Any and all teams advancing to a Section Championship must register for said Section Championship as follows:

Teams advancing from District Championship must register within three (3) days of completion of District Championship or deadline set by the USTA MO Valley Section.

Teams advancing from an all-state league must register within two (2) weeks of completion of the league or deadline set by the USTA MO Valley Section.

If an advancing team does not register by the aforementioned deadlines, said advancing team shall be disqualified from advancing to a Section Championship. A replacement team will be chosen at the discretion of the District League Coordinator.

Grievances and Appeals:

1. Interpretations of these rules may be appealed to the Player's Council by forwarding a grievance to the District League Coordinator. There is a \$25 fee for all non-NTRP grievances. This fee is payable to USTA Nebraska, and must be included with the written grievance. All grievances need to be filed with the District League Coordinator. If the grievance is upheld, any fee shall be refunded. The District League Coordinator will forward the grievance to the Player's Council Chairman. (See Section 3.00 of National League Regulations)
2. **Grievance and Appeal Committees:** The Player's Council Members shall act as the Grievance and Appeal Committees for USTA Nebraska. The President of Adult Competition shall chair the Player's Council and shall appoint Council Members to the Grievance and Appeal Committees with the approval of the District League Coordinator and the Section Manager of Adult Leagues as needed.
3. All complaints alleging a violation by an individual or team during local league competition shall be filed in writing with the Local or District League Coordinator (or designee) having

jurisdiction. The complaint must be filed prior to the commencement of the next team match in that flight involving such individual or team, or within 24 hours after the end of local league play, whichever occurs first. If an appeal to the grievance decision is filed, there is a \$50 fee for the appeal. If the appeal is granted the fee will be refunded.

4. If a player contacts any Coordinator to report that a captain or player has used the auto-appeal function to appeal the player's rating without the player's permission, a grievance will be immediately filed by the Coordinator, and will be subject to such penalties as the NTRP Grievance Committee may decide, under the League Suspension Point System.

NTRP Grievance Complaint. Any captain, coordinator or committee member may file a grievance against any player and/or captain they feel has entered, or condoned entering, below their actual skill level. The player they are filing a grievance against must be a Self-Rated player, a Tournament-Exclusive player, or a Mixed-Exclusive player. The Section League Grievance Committee having jurisdiction, augmented as necessary by experts in NTRP ratings, will review the alleged violator's completed USTA Player Electronic Self-Rate questionnaire. If NTRP Grievances are filed during a Section Championship, they will be held and then forwarded to the Section League Grievance Committee within 48 hours of the conclusion of the championship. After review, and in consultation with the NTRP experts who have augmented the committee, they will take action as they deem appropriate and will be subject to such penalties as the NTRP Grievance Committee may decide, under the League Suspension Point System.

5. Any player NTRP disqualified from the USTA League Tennis-Adult division may not play at the disqualified level of play for USTA Mixed Doubles or any event sanctioned by USTA for the remainder of the championship league year or for up to three years, unless a new NTRP rating is generated.
6. The District League Coordinator has the right to file a grievance at any time against a captain, player, or a team, whose behavior has been found not to be in compliance with the regulations and/or violates the standards of good conduct, fair play and good sportsmanship, including egregious, disruptive or abusive behavior that interferes with the administration of the league or championship or is directed at facility or hotel staff during a USTA Event.

District League Coordinator:

1. The District League Coordinator with the permission of the Player's Council has the authority to make exceptions to the district rules in order to facilitate organization and growth of the league.
2. Any exceptions made must first be verbally passed to the Chairman of the Player's Council and followed up with written exception.
3. The exception must have the approval of a majority of the captains at that level in the league.

The District League Coordinator must approve the change and then the Player's Council will either approve or disapprove. The Council vote will be handled by mail or e-mail and will take approximately two weeks. The information sent to the Council will include any input the change and will be notified of the outcome of the vote and their right to submit information to the Council.

Player's Council:

1. The Player's Council Members shall serve until such time as they step down from office. The Council shall have the authority to appoint members to the Council and these members must be approved by the USTA Nebraska Adult Competition Committee Chair.
2. The Grievance and Appeal Committees for USTA Nebraska shall be comprised of the Player's Council Members.

Indoor/Outdoor weather rescheduling:

INDOOR meet rescheduling:

The District Coordinator or designee may cancel matches if road conditions or weather conditions are hazardous. Decisions to cancel will be made only by the District Coordinator or designee. In case of inclement weather, the District Coordinator or designee will notify captains of any match cancellations. Decisions to cancel are based on current information from the Nebraska Highway Patrol or the National Weather Service. No match will be cancelled more than 24 hours in advance of the scheduled match time. If the match is cancelled, the captains within 2 days must select a mutually acceptable new date to play the makeup match. The makeup match does not need to be played within 2 days, but the reschedule date must be DECIDED and the District Coordinator notified within 2 days. If captains are unable to agree on a date the District Coordinator will reschedule the match. New line-up scorecards will be exchanged at the time of the rescheduled match.

OUTDOOR meet rescheduling:

If the match has begun (first service ball struck) and the match is halted because of rain, the match is considered incomplete. Within 2 days of the rained-out match, the specific players involved will set dates to complete their individual matches. The match does not need to be completed within 2 days, but the match completion date must be DECIDED and the District Coordinator notified within 2 days. Match scores resume at the point of rain delay. For example, if a team won the 1st set 6-3 and is up 3-2 in the 2nd set, the match resumes at 6-3, 3-2. The District Coordinator should be notified immediately of incomplete matches and the final scores should be entered on TennisLink when the match is concluded.

If the match has NOT yet begun (no service ball has been struck) due to rain the match is cancelled before it starts. The entire match will be rescheduled with new line-up scorecards. The captains within 2 days must select a mutually acceptable new date to play the makeup match. The makeup match does not need to be played within 2 days, but the reschedule date must be DECIDED and the District Coordinator notified within 2 days.

If captains are unable to agree on a date the District Coordinator will reschedule the match. New line-up scorecards will be exchanged at the time of the rescheduled match.

If the temperature/heat index during match time is forecasted to reach 105F or higher according to the National Weather Service, the District Coordinator or designee may cancel the match, or if possible, delay the start time.